

# ESSLXC SNAPE WOOD - 26 NOVEMBER 2023 - SENIORS

Finishing position	Runner no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
1	878	0:29:36	David Irvine	HY Runners	HYR	HYR	SM	300	SM1	1
2	814	0:30:45	MATTHEW GRINDROD	Polegate Plodders	POLE	PSST	SM	299	SM1	2
3	177	0:30:48	ANDREW GREEN	Uckfield Runners	UCK	HTH/UCK	SM	298	SM1	3
4	891	0:30:58	Richard Strong	Lewes AC	LEW	LEW	SM	297	SM1	4
5	438	0:31:15	COLIN TRICKER	Crowborough Runners	CROW	CROW	M40	296	M401	5
6	353	0:31:19	JAKE GREENWOOD	Central Park Athletics	CPA	CPA	SM	295	SM1	6
7	375	0:31:20	CAMERON SHARP	Central Park Athletics	CPA	CPA	SM	294	SM2	7
8	573	0:31:35	SEAN PARKER-HARDING	Hastings AC	HAC	HR/HAC	SM	293	SM1	8
9	756	0:31:48	GEORGE STEWART	Lewes AC	LEW	LEW	SM	292	SM2	9
10	645	0:32:26	WILL WITHECOMBE	Hastings Runners	HR	HR/HAC	M35	291	SM2	10
11	903	0:32:30	Stephen Lamprell	Brighton Tri Club	BTNTRI	BTNTRI	M45	290	M401	11
12	376	0:32:41	CRAIG SHARP	Central Park Athletics	CPA	CPA	M45	289	M401	12
13	576	0:32:45	JEFF PYRAH	Hastings AC	HAC	HR/HAC	M50	288	M501	13
14	318	0:32:46	PAUL HOWARD	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	287	M401	14
15	349	0:33:00	SAM DOWLER	Central Park Athletics	CPA	CPA	SM	286	SM3	15
16	125	0:33:08	OLLIE SPRAGUE	Seaford Striders	SEAF	PSST	SM	285	SM2	16
17	221	0:33:11	GRAEME MCINTOSH	Wadhurst Runners	WAD	WAD	M40	284	M401	17
18	476	0:33:17	STUART PELLING	Eastbourne Rovers	EAST	EAST/BDY	M35	283	SM1	18
19	21	0:33:26	ALEX RAWLINSON	Portslade Hedgehoppers	HEDGE	HEDGE	SM	282	SM1	19
20	248	0:33:39	RICKY COLEMAN	Arena 80 AC	A80	A80	SM	281	SM1	20
21	183	0:33:45	JAMIE KEDDIE	Uckfield Runners	UCK	HTH/UCK	M40	280	M401	21
22	873	0:34:22	JACK HUTCHINSON	Seaford Striders	SEAF	PSST	M35	279	SM3	22
23	722	0:34:29	RICHARD DOCWRA	Lewes AC	LEW	LEW	M50	278	M501	23
24	144	0:34:48	GEORGE CSATLOS	Team Bodyworks	BDY	EAST/BDY	M40	277	M401	24
25	885	0:34:54	Olly Blaydon	Heathfield Road Runners	HEAT	HTH/UCK	M45	276	M402	25
26	151	0:35:00	ALAN MARSH	Team Bodyworks	BDY	EAST/BDY	M40	275	M402	26
27	326	0:35:12	JACK UPTON	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	274	M402	27
28	877	0:35:16	Jim Risdale	Arena 80 AC	A80	A80	M40	273	M401	28
29	267	0:35:17	TEO VAN WELL	Arena 80 AC	A80	A80	M45	272	M402	29
30	284	0:35:20	NIGEL JEWELL	Bexhill Run Tri	BEX	BEX	M50	271	M501	30
31	508	0:35:20	CHRIS DOHERTY	Hailsham Harriers	HAIL	HAIL	M35	270	SM1	31
32	104	0:35:27	MATT CLARE	Seaford Striders	SEAF	PSST	SM	269	SM4	32
33	494	0:35:36	CARL BARTON	Hailsham Harriers	HAIL	HAIL	M45	268	M401	33
34	440	0:35:37	OLLIE WELCH	Crowborough Runners	CROW	CROW	M35	267	SM1	34
35	336	0:35:46	MACIEJ OZIMKIEWICZ	Brighton Tri Club	BTNTRI	BTNTRI	M40	266	M402	35
36	687	0:35:48	DAVID WOOLLARD	Heathfield Road Runners	HEAT	HTH/UCK	M40	265	M403	36
37	716	0:35:55	JONATHAN BURRELL	Lewes AC	LEW	LEW	M60	264	M601	37
38	397	0:36:13	NEIL COUCHMAN	Crowborough Runners	CROW	CROW	M45	263	M402	38
39	512	0:36:18	DAVID GARRATT	Hailsham Harriers	HAIL	HAIL	M35	262	SM2	39
40	421	0:36:20	PETER NOON	Crowborough Runners	CROW	CROW	M40	261	M403	40
41	881	0:36:22	Darryl Parker	Arena 80 AC	A80	A80	SM	260	SM2	41
42	10	0:36:26	STEWART GREGORY	Portslade Hedgehoppers	HEDGE	HEDGE	M55	259	M501	42
43	114	0:36:26	JAMES MARRON	Seaford Striders	SEAF	PSST	M50	258	M501	43
44	701	0:36:28	JONATHAN HATCH	HY Runners	HYR	HYR	M40	257	M401	44
45	712	0:36:30	COLIN BENNETT	Lewes AC	LEW	LEW	M55	256	M502	45
46	269	0:36:33	GARETH WILLIAMS	Arena 80 AC	A80	A80	M40	255	M403	46
47	624	0:36:37	CLAIRE READ	Hastings Runners	HR	HR/HAC	SF	200	SF1	47
48	581	0:36:39	DAVE TURNER	Hastings AC	HAC	HR/HAC	M50	254	M502	48
49	901	0:36:40	Tom Sanderson	Brighton Tri Club	BTNTRI	BTNTRI	M50	253	M501	49
50	657	0:36:52	LEWIS DAVIES	Heathfield Road Runners	HEAT	HTH/UCK	SM	252	SM2	50
51	337	0:36:54	ANGUS PETERS	Brighton Tri Club	BTNTRI	BTNTRI	SM	251	SM1	51
52	617	0:37:00	BEN MCNEILL	Hastings Runners	HR	HR/HAC	SM	250	SM3	52
53	481	0:37:07	LOUISE RYAN	Eastbourne Rovers	EAST	EAST/BDY	SF	199	SF1	53
54	559	0:37:10	TIM ARCHER	Hastings AC	HAC	HR/HAC	M35	249	SM4	54
55	433	0:37:18	ADAM STYLES	Crowborough Runners	CROW	CROW	M50	248	M501	55
56	390	0:37:19	JAMES BRYANT	Crowborough Runners	CROW	CROW	SM	247	SM2	56
57	612	0:37:24	PAUL LAMBERT	Hastings Runners	HR	HR/HAC	M35	246	NSM1	57
58	350	0:37:30	TONY DUREY	Central Park Athletics	CPA	CPA	M60	245	M601	58
59	466	0:37:41	JURIY KORCHEV	Eastbourne Rovers	EAST	EAST/BDY	M40	244	M403	59
60	564	0:37:44	SIMON FIDDLER	Hastings AC	HAC	HR/HAC	M50	243	M503	60
61	268	0:37:45	JIM WATSON	Arena 80 AC	A80	A80	M50	242	M501	61
62	556	0:37:47	GARY WOOLVEN	Hailsham Harriers	HAIL	HAIL	M45	241	M402	62
63	884	0:37:48	Richard Sansom	-	NS	NS	M50	NS	NS	NS
64	107	0:37:52	DAVE DUNSTALL	Seaford Striders	SEAF	PSST	M60	240	M601	63
65	555	0:37:54	GRAHAM WOOLLEY	Hailsham Harriers	HAIL	HAIL	M40	239	M403	64
66	621	0:38:00	MARTIN NOAKES	Hastings Runners	HR	HR/HAC	M60	238	M601	65
67	212	0:38:12	LEIGH HARRIS	Wadhurst Runners	WAD	WAD	M45	237	M402	66
68	19	0:38:24	GERALDINE MOFFAT	Portslade Hedgehoppers	HEDGE	HEDGE	F55	198	F501	67
69	132	0:38:28	JEFF YOUNG	Seaford Striders	SEAF	PSST	M50	236	M502	68
70	586	0:38:29	CHRIS BRANDT	Hastings Runners	HR	HR/HAC	M55	235	M401	69
71	517	0:38:30	SCOTT HARRIS	Hailsham Harriers	HAIL	HAIL	M35	234	SM3	70
72	474	0:38:31	ALISON MOORE	Eastbourne Rovers	EAST	EAST/BDY	SF	197	SF2	71
73	794	0:38:39	JAMES ROBERTS	Meads Runners	MEAD	MEAD	M40	233	M401	72
74	765	0:38:40	DALE ANDERTON	Meads Runners	MEAD	MEAD	M50	232	M501	73
75	150	0:38:44	ROBERT LIGHT	Team Bodyworks	BDY	EAST/BDY	M50	231	M501	74
76	464	0:38:50	STEVE HUTCHISON	Eastbourne Rovers	EAST	EAST/BDY	M50	230	M502	75
77	386	0:38:55	GORDON BERRY	Crowborough Runners	CROW	CROW	M45	229	SM3	76
78	493	0:38:59	PHIL WOOD	Eastbourne Rovers	EAST	EAST/BDY	M50	228	M503	77
79	480	0:39:01	MARCO ROYES	Eastbourne Rovers	EAST	EAST/BDY	SM	227	SM2	78
80	417	0:39:07	KIRSTY MCDERMOTT	Crowborough Runners	CROW	CROW	F35	196	SF1	79
81	483	0:39:08	BEN SKINNER	Eastbourne Rovers	EAST	EAST/BDY	SM	226	SM3	80
82	482	0:39:16	LAURA SEAMAN	Eastbourne Rovers	EAST	EAST/BDY	SF	195	NSF1	81
83	388	0:39:16	STEVE BOLTON	Crowborough Runners	CROW	CROW	M60	225	M601	82

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84	595	0:39:17	SAM DAVIES	Hastings Runners	HR	HR/HAC	M40	224	M402	83
85	129	0:39:18	AUSTIN WARREN	Seaford Striders	SEAF	PSST	M55	223	M503	84
86	427	0:39:22	CHRIS RUSSELL	Crowborough Runners	CROW	CROW	M60	222	M602	85
87	823	0:39:29	IAN WESTON	Polegate Plodders	POLE	PSST	M55	221	M401	86
88	686	0:39:30	GUY WILLIAMS	Heathfield Road Runners	HEAT	HTH/UCK	M55	220	M501	87
89	174	0:39:32	RODNEY DEMPSTER	Uckfield Runners	UCK	HTH/UCK	M55	219	M502	88
90	245	0:39:33	ANDY CLARK	Arena 80 AC	A80	A80	M50	218	M502	89
91	588	0:39:36	TREVOR BRIGGS	Hastings Runners	HR	HR/HAC	M50	217	M403	90
92	802	0:39:41	DAVID WHARTON	Meads Runners	MEAD	MEAD	M50	216	M502	91
93	47	0:39:48	JOHANNA DOWLE	RunWednesdays	RUNW	RUNW	F45	194	F401	92
94	650	0:39:50	GUY BLACKDEN	Heathfield Road Runners	HEAT	HTH/UCK	M50	215	M503	93
95	465	0:39:53	HEATHER JENNER	Eastbourne Rovers	EAST	EAST/BDY	F40	193	F401	94
96	265	0:40:02	KEVIN PRICE	Arena 80 AC	A80	A80	M50	214	M503	95
97	898	0:40:05	Paul McCleery	Hastings AC	HAC	HR/HAC	M50	213	NSM2	96
98	101	0:40:18	TOBIAS BREMER	Seaford Striders	SEAF	PSST	M40	212	M402	97
99	423	0:40:30	CHRIS PRICE	Crowborough Runners	CROW	CROW	SM	211	SM4	98
100	886	0:40:35	Harvey Strudwick		NS	NS	SM	NS	NS	
101	880	0:40:36	Lorna Watts	Hastings AC	HAC	HR/HAC	F40	192	F401	99
102	615	0:40:39	GEORGE MARSHALL	Hastings Runners	HR	HR/HAC	M40	210	NSM3	100
103	913	0:40:41	JURGEN FORSTER	Arena 80 AC	A80	A80	SM	209	SM3	101
104	754	0:40:43	MARK STAINTHORPE	Lewes AC	LEW	LEW	M50	208	M503	102
105	70	0:40:44	RORY MCINTYRE	RunWednesdays	RUNW	RUNW	M50	207	M501	103
106	419	0:40:46	MADDIE MICHIE	Crowborough Runners	CROW	CROW	SF	191	SF2	104
107	115	0:40:49	ERICA MARTIN	Seaford Striders	SEAF	PSST	F40	190	F401	105
108	400	0:40:56	ZACH DRAKE	Crowborough Runners	CROW	CROW	M40	206	NSM1	106
109	569	0:40:57	JENNA LEVETT	Hastings AC	HAC	HR/HAC	F35	189	SF2	107
110	340	0:40:58	ELIZABETH BROOKES	Central Park Athletics	CPA	CPA	F40	188	F401	108
111	635	0:40:59	CLAIRE THOMAS	Hastings Runners	HR	HR/HAC	F35	187	NSF1	109
112	272	0:41:06	JAMES ALLEN	Bexhill Run Tri	BEX	BEX	M40	205	M401	110
113	691	0:41:11	TODD FITZ-HUGH	HY Runners	HYR	HYR	M35	204	SM2	111
114	500	0:41:16	LOS BURRETT	Hailsham Harriers	HAIL	HAIL	M40	203	SM4	112
115	271	0:41:17	CAROLINE WOOD	Arena 80 AC	A80	A80	F60	186	F601	113
116	753	0:41:21	HELEN SIDA	Lewes AC	LEW	LEW	F55	185	F501	114
117	796	0:41:22	CARL STANGER	Meads Runners	MEAD	MEAD	M50	202	M503	115
118	55	0:41:27	JAMES GRIFFITHS	RunWednesdays	RUNW	RUNW	M50	201	M502	116
119	600	0:41:28	GRAEME GRASS	Hastings Runners	HR	HR/HAC	M55	200	NSM4	117
120	164	0:41:29	KATY PARTINGTON	Tri Tempo	TRIT	PSST	SF	184	SF1	118
121	411	0:41:30	ANDREW JOAD	Crowborough Runners	CROW	CROW	M55	199	M502	119
122	152	0:41:31	MATTHEW PYSDEN	Team Bodyworks	BDY	EAST/BDY	M40	198	SM4	120
123	609	0:41:32	NEIL JEFFRIES	Hastings Runners	HR	HR/HAC	M60	197	M602	121
124	585	0:41:34	KEVIN BLOWERS	Hastings Runners	HR	HR/HAC	M60	196	NSM5	122
125	879	0:41:52	Hannah Jackson	Crowborough Runners	CROW	CROW	SF	183	NSF1	123
126	394	0:41:58	BOB COOK	Crowborough Runners	CROW	CROW	M50	195	M503	124
127	296	0:41:59	JEREMY SANKEY	Bexhill Run Tri	BEX	BEX	M60	194	M601	125
128	316	0:42:08	MARC GUMBRELL	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	193	SM1	126
129	308	0:42:10	GRAHAM BAKER	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	192	SM2	127
130	344	0:42:15	JAMES CARNEY	Central Park Athletics	CPA	CPA	M50	191	M501	128
131	477	0:42:20	LUKE REGAN	Eastbourne Rovers	EAST	EAST/BDY	M35	190	NSM1	129
132	426	0:42:33	SHAY ROSENTHAL	Crowborough Runners	CROW	CROW	SM	189	NSM2	130
133	870	0:42:34	Nick Attwood	Hastings Runners	HR	HR/HAC	M40	188	NSM6	131
134	619	0:42:37	MATTHEW MILLER	Hastings Runners	HR	HR/HAC	M55	187	NS	NS
135	640	0:42:38	MARTIN TURNER	Hastings Runners	HR	HR/HAC	M50	186	NS	NS
136	808	0:42:43	LIAM BROOKS	Polegate Plodders	POLE	PSST	M40	185	M403	132
137	108	0:42:48	DARREN EVANS	Seaford Striders	SEAF	PSST	M55	184	NSM1	133
138	247	0:42:51	SIMON CLARK	Arena 80 AC	A80	A80	M55	183	SM4	134
139	874	0:42:56	Tom Evans	Hailsham Harriers	HAIL	HAIL	M35	182	NSM1	135
140	580	0:43:01	PERRY STOCK	Hastings AC	HAC	HR/HAC	M45	181	NS	NS
141	112	0:43:02	RALPH JENNINGS	Seaford Striders	SEAF	PSST	M55	180	NSM2	136
142	540	0:43:04	GRAHAM PURDYE	Hailsham Harriers	HAIL	HAIL	M65	179	M601	137
143	724	0:43:07	AMY DUNN	Lewes AC	LEW	LEW	SF	182	SF1	138
144	198	0:43:11	IMOGEN BURMAN-MITCHEL	Wadhurst Runners	WAD	WAD	F50	181	F501	139
145	444	0:43:12	LYDIA ALLITT	Eastbourne Rovers	EAST	EAST/BDY	F45	180	F402	140
146	13	0:43:13	JOHN HARDING	Portslade Hedgehoppers	HEDGE	HEDGE	M60	178	M601	141
147	537	0:43:14	MARK POPE	Hailsham Harriers	HAIL	HAIL	M35	177	NSM2	142
148	124	0:43:16	RAY SMITH	Seaford Striders	SEAF	PSST	M50	176	NSM3	143
149	758	0:43:21	DOMINIC TANSLEY	Lewes AC	LEW	LEW	M45	175	M401	144
150	84	0:43:23	MICHAELA STRINGER	RunWednesdays	RUNW	RUNW	F50	179	F501	145
151	341	0:43:24	STEPHEN BURGESS	Central Park Athletics	CPA	CPA	M50	174	M502	146
152	698	0:43:28	MATTHEW HARMER	HY Runners	HYR	HYR	M35	173	SM3	147
153	708	0:43:29	RACHEL WIGMORE	HY Runners	HYR	HYR	F40	178	F401	148
154	610	0:43:34	JAMIE KENNEDY	Hastings Runners	HR	HR/HAC	M40	172	NS	NS
155	893	0:43:35	Dominic Doran	Lewes AC	LEW	LEW	M35	171	SM3	149
156	660	0:43:37	EDWARD DIPLOCK	Heathfield Road Runners	HEAT	HTH/UCK	M50	170	SM3	150
157	208	0:43:47	BENNY FIDDIMORE	Wadhurst Runners	WAD	WAD	SM	169	SM1	151
158	231	0:43:49	NEIL THOMAS	Wadhurst Runners	WAD	WAD	M65	168	M601	152
159	17	0:43:50	JO MABBITT	Portslade Hedgehoppers	HEDGE	HEDGE	SF	177	SF1	153
160	822	0:43:50	MARK WARDLE	Polegate Plodders	POLE	PSST	M60	167	M602	154
161	118	0:43:53	RICHARD PREECE	Seaford Striders	SEAF	PSST	M55	166	NSM4	155
162	546	0:43:55	CHRIS SHOULT	Hailsham Harriers	HAIL	HAIL	M40	165	NSM3	156
163	335	0:43:56	SCOTT MUIR	Brighton Tri Club	BTNTRI	BTNTRI	M55	164	M502	157
164	529	0:43:57	ANDREW MOORE	Hailsham Harriers	HAIL	HAIL	M55	163	M501	158
165	805	0:44:01	GILL WHEELER	Meads Runners	MEAD	MEAD	F50	176	F501	159
166	158	0:44:02	DARREN BRODERICK	Tri Tempo	TRIT	PSST	M55	162	NSM5	160
167	738	0:44:08	KATHERINE MCCORRY	Lewes AC	LEW	LEW	F40	175	F401	161
168	652	0:44:10	WILLIAM BLANFORD	Heathfield Road Runners	HEAT	HTH/UCK	M60	161	M601	162
169	470	0:44:24	STEPHEN MARSDEN	Eastbourne Rovers	EAST	EAST/BDY	M40	160	NSM2	163

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170	524	0:44:24	CHRIS LITTLE	Hailsham Harriers	HAIL	HAIL	M40	159	NSM4	164
171	110	0:44:27	RUSSELL HEWLETT	Seaford Striders	SEAF	PSST	M50	158	NSM6	165
172	206	0:44:30	CLIVE DE VULDER	Wadhurst Runners	WAD	WAD	M55	157	M501	166
173	541	0:44:36	KATY REED	Hailsham Harriers	HAIL	HAIL	F35	174	SF1	167
174	599	0:44:36	CHRISTOPHER FOWLER	Hastings Runners	HR	HR/HAC	M65	156	NS	NS
175	594	0:44:37	JOE CRUTTENDEN	Hastings Runners	HR	HR/HAC	M40	155	NS	NS
176	25	0:44:42	LAURENCE SAVA	Portslade Hedgehoppers	HEDGE	HEDGE	M65	154	M602	168
177	437	0:44:45	ANNA TOLMACHOVA	Crowborough Runners	CROW	CROW	F35	173	NSF2	169
178	259	0:44:50	MICHAEL MILLER	Arena 80 AC	A80	A80	M65	153	M601	170
179	538	0:44:51	TOM PRICE	Hailsham Harriers	HAIL	HAIL	M35	152	NSM5	171
180	572	0:44:57	RIZ MASLEN	Hastings AC	HAC	HR/HAC	F55	172	F501	172
181	614	0:45:06	AMANDA LINK	Hastings Runners	HR	HR/HAC	F50	171	F502	173
182	743	0:45:11	SALLY NORRIS	Lewes AC	LEW	LEW	F40	170	F402	174
183	908	0:45:20	Bayly Wright	-	NS	NS	SM	NS	NS	NS
184	905	0:45:20	LAURA ULANOWSKI	Brighton Tri Club	BTNTRI	BTNTRI	SF	169	SF1	175
185	320	0:45:22	COLIN KEAST	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	151	SM3	176
186	81	0:45:22	SHANE SMITH	RunWednesdays	RUNW	RUNW	M35	150	SM1	177
187	710	0:45:33	MARK WILSON	HY Runners	HYR	HYR	M40	149	M402	178
188	389	0:45:34	ASHLEY BOX	Crowborough Runners	CROW	CROW	M50	148	NSM3	179
189	732	0:45:36	PETER KENNEDY	Lewes AC	LEW	LEW	M70	147	M602	180
190	910	0:45:37	NICKY BIGNELL	Eastbourne Rovers	EAST	EAST/BDY	SF	168	NSF2	181
191	911	0:45:39	Steven Barrett	Burgess Hill Runner	NS	NS	M45	NS	NS	NS
192	289	0:45:43	GARY MILES	Bexhill Run Tri	BEX	BEX	M35	146	SM1	182
193	739	0:45:44	STEFFAN MEYRIC HUGHE	Lewes AC	LEW	LEW	M45	145	M402	183
194	345	0:45:46	PAUL CHEESEMAN	Central Park Athletics	CPA	CPA	M50	144	M503	184
195	264	0:45:59	JONATHAN PICKWORTH	Arena 80 AC	A80	A80	M55	143	NSM1	185
196	907	0:46:00	Sean Wright	-	NS	NS	M50	NS	NS	NS
197	169	0:46:01	CHARLIE BRAMLY	Uckfield Runners	UCK	HTH/UCK	M55	142	SM4	186
198	452	0:46:14	MARINA DAVIES	Eastbourne Rovers	EAST	EAST/BDY	F50	167	F501	187
199	249	0:46:18	JULIE DRAKE	Arena 80 AC	A80	A80	F50	166	F501	188
200	543	0:46:25	WENDY ROBSON	Hailsham Harriers	HAIL	HAIL	F45	165	F401	189
201	611	0:46:27	ANDY KNIGHT	Hastings Runners	HR	HR/HAC	M60	141	NS	NS
202	253	0:46:28	CHARLIE HEMPSTEAD	Arena 80 AC	A80	A80	M60	140	M602	190
203	181	0:46:29	TARA JOHNSON	Uckfield Runners	UCK	HTH/UCK	F45	164	F401	191
204	435	0:46:31	BRYAN TAPSELL	Crowborough Runners	CROW	CROW	M65	139	NSM4	192
205	888	0:46:36	Helen Bowman	Lewes AC	LEW	LEW	F55	163	F502	193
206	343	0:46:39	JAMIE BUSHNELL	Central Park Athletics	CPA	CPA	M35	138	SM4	194
207	490	0:46:46	MIKE THOMPSON	Eastbourne Rovers	EAST	EAST/BDY	M65	137	M601	195
208	578	0:46:53	MARY SANDERSON	Hastings AC	HAC	HR/HAC	F55	162	F402	196
209	71	0:47:00	STUART MCKENZIE	RunWednesdays	RUNW	RUNW	M40	136	M401	197
210	261	0:47:07	CHRIS NAYLOR	Arena 80 AC	A80	A80	F65	161	F602	198
211	204	0:47:14	MARK CURRAH	Wadhurst Runners	WAD	WAD	M60	135	M602	199
212	789	0:47:16	STEVEN MASKELL	Meads Runners	MEAD	MEAD	M45	134	M402	200
213	887	0:47:28	SAM BRETHERTON	Arena 80 AC	A80	A80	SM	133	NSM2	201
214	270	0:47:30	PATRYCJA WOLLNIK	Arena 80 AC	A80	A80	F45	160	F401	202
215	36	0:47:31	MARTIN BROUGHTON	RunWednesdays	RUNW	RUNW	M45	132	M402	203
216	52	0:47:32	RICHARD GARDINER	RunWednesdays	RUNW	RUNW	M45	131	M403	204
217	702	0:47:39	MELANIE IRWIN	HY Runners	HYR	HYR	F55	159	F501	205
218	194	0:47:50	GRAHAM WEST	Uckfield Runners	UCK	HTH/UCK	M60	130	M602	206
219	434	0:47:57	CLAIRE STYLES	Crowborough Runners	CROW	CROW	F50	158	F501	207
220	723	0:48:00	GERARD DUMMETT	Lewes AC	LEW	LEW	M65	129	M403	208
221	733	0:48:04	ELLIE KING	Lewes AC	LEW	LEW	F40	157	SF2	209
222	475	0:48:06	BEN PAWLEY	Eastbourne Rovers	EAST	EAST/BDY	M40	128	NSM3	210
223	192	0:48:08	KEVIN SMITH	Uckfield Runners	UCK	HTH/UCK	M55	127	NSM1	211
224	883	0:48:19	Gabriel Lau	Brighton Tri Club	BTNTRI	BTNTRI	M45	126	M403	212
225	895	0:48:24	Paul Charlton	Polegate Plodders	POLE	PSST	M60	125	NS	NS
226	157	0:48:27	FRANK BRENNAN	Tri Tempo	TRIT	PSST	M70	124	NS	NS
227	235	0:48:29	MYLES WHITE	Wadhurst Runners	WAD	WAD	M60	123	M502	213
228	875	0:48:43	Andrew Deighton	Tunbridge Wells	NS	NS	M55	NS	NS	NS
229	301	0:48:44	GEOFF TONDEUR	Bexhill Run Tri	BEX	BEX	M55	122	M502	214
230	153	0:48:51	NICKY PYSDEN	Team Bodyworks	BDY	EAST/BDY	F35	156	NSF3	215
231	527	0:48:52	TINA MACENHILL	Hailsham Harriers	HAIL	HAIL	F50	155	F501	216
232	77	0:48:53	JIM ROWE	RunWednesdays	RUNW	RUNW	M55	121	M503	217
233	510	0:48:53	TRACY ERRIDGE	Hailsham Harriers	HAIL	HAIL	F50	154	F502	218
234	882	0:48:54	Aislinn Darvell	Hailsham Harriers	HAIL	HAIL	SF	153	SF2	219
235	333	0:48:58	JAQUELINE HUNT	Brighton Tri Club	BTNTRI	BTNTRI	F45	152	F401	220
236	262	0:48:58	BOB PAGE	Arena 80 AC	A80	A80	M65	120	NSM3	221
237	314	0:49:01	DAVE FARR	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M45	119	M403	222
238	810	0:49:02	PETER COOK	Polegate Plodders	POLE	PSST	M60	118	NS	NS
239	530	0:49:06	ABIGAIL MORRIS	Hailsham Harriers	HAIL	HAIL	SF	151	NSF1	223
240	217	0:49:10	PHILIPPA HUMAN	Wadhurst Runners	WAD	WAD	F35	150	SF1	224
241	306	0:49:20	PAUL ZIPPERLEN	Bexhill Run Tri	BEX	BEX	M50	117	M503	225
242	80	0:49:22	MARK SMITH	RunWednesdays	RUNW	RUNW	M60	116	M601	226
243	439	0:49:23	EILEEN WELCH	Crowborough Runners	CROW	CROW	F45	149	F401	227
244	347	0:49:25	CAROLINE CURTIS	Central Park Athletics	CPA	CPA	F55	148	F501	228
245	820	0:49:26	MICHELLE POPE	Polegate Plodders	POLE	PSST	F40	147	F402	229
246	67	0:49:36	ALLAN MARSHALL	RunWednesdays	RUNW	RUNW	M50	115	SM2	230
247	22	0:49:42	PAUL RAWLINSON	Portslade Hedgehoppers	HEDGE	HEDGE	M65	114	M502	231
248	725	0:49:46	DAVID FOSTER	Lewes AC	LEW	LEW	M60	113	SM4	232
249	11	0:49:56	RICHARD GUEST	Portslade Hedgehoppers	HEDGE	HEDGE	M55	112	M503	233
250	258	0:50:01	SPENCER KNAGGS	Arena 80 AC	A80	A80	M45	111	NSM4	234
251	396	0:50:03	REUBEN COPPARD	Crowborough Runners	CROW	CROW	SM	110	NSM5	235
252	328	0:50:09	JACKI ADAMS	Brighton Tri Club	BTNTRI	BTNTRI	F45	146	F402	236
253	329	0:50:15	ROS ADDISON	Brighton Tri Club	BTNTRI	BTNTRI	F60	145	F601	237
254	414	0:50:16	JOSH LLEWELLYN	Crowborough Runners	CROW	CROW	SM	109	NSM6	238
255	544	0:50:19	ANDREW RUFFELL	Hailsham Harriers	HAIL	HAIL	M50	108	M502	239

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256	620	0:50:22	JO NEVETT	Hastings Runners	HR	HR/HAC	F45	144	NSF2	240
257	186	0:50:24	CHRISTOPHER LUGG	Uckfield Runners	UCK	HTH/UCK	M40	107	NSM2	241
258	653	0:50:25	RICHARD BLOTT	Heathfield Road Runners	HEAT	HTH/UCK	M50	106	NSM3	242
259	568	0:50:30	CHLOE LE FAY	Hastings AC	HAC	HR/HAC	F45	143	NSF3	243
260	214	0:50:41	LINDA HAYES	Wadhurst Runners	WAD	WAD	F60	142	F601	244
261	6	0:50:51	NEAL CASS	Portslade Hedgehoppers	HEDGE	HEDGE	M45	105	M401	245
262	757	0:50:52	CARL SYKES	Lewes AC	LEW	LEW	M55	104	NSM1	246
263	899	0:50:54	POPPY ALDRICH	Hastings AC	HAC	HR/HAC	SF	141	NSF4	247
264	211	0:50:56	COLIN HARRIS	Wadhurst Runners	WAD	WAD	M55	103	M503	248
265	197	0:51:03	PETER BURFOOT	Wadhurst Runners	WAD	WAD	M70	102	M403	249
266	871	0:51:16	Fiona Patten	HY Runners	HYR	HYR	F50	140	F502	250
267	695	0:51:17	LEANNE GAMMON	HY Runners	HYR	HYR	F40	139	F402	251
268	407	0:51:18	ALEXANDER GUSAK	Crowborough Runners	CROW	CROW	M35	101	NS	NS
269	223	0:51:19	GILLIAN MILES	Wadhurst Runners	WAD	WAD	F55	138	F502	252
270	8	0:51:25	PHILIP GALE	Portslade Hedgehoppers	HEDGE	HEDGE	M45	100	M402	253
271	815	0:51:27	ROGER HUMPHRIES	Polegate Plodders	POLE	PSST	M65	99	NS	NS
272	731	0:51:32	BOB HUGHES	Lewes AC	LEW	LEW	M70	98	NSM2	254
273	479	0:51:39	JENNY ROWLINSON	Eastbourne Rovers	EAST	EAST/BDY	SF	137	NSF4	255
274	459	0:51:43	HAYLEY HARRIS	Eastbourne Rovers	EAST	EAST/BDY	SF	136	NS	NS
275	374	0:51:53	LINDSEY SANDERS	Central Park Athletics	CPA	CPA	F40	135	F402	256
276	894	0:51:59	Robert Adams	Crowborough Runners	CROW	CROW	M50	97	NS	NS
277	408	0:52:03	JANE HEASMAN	Crowborough Runners	CROW	CROW	F45	134	F402	257
278	142	0:52:04	JULIE TREMLIN	Seafront Shufflers	SHUF	PSST	F60	133	F601	258
279	401	0:52:10	MAX EAGER	Crowborough Runners	CROW	CROW	M55	96	NS	NS
280	405	0:52:13	JULES FRASER	Crowborough Runners	CROW	CROW	F50	132	F502	259
281	57	0:52:15	NICOLE HENZE	RunWednesdays	RUNW	RUNW	F50	131	F502	260
282	309	0:52:18	JAMES BLURING	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	95	SM4	261
283	200	0:52:21	GILES CLARK	Wadhurst Runners	WAD	WAD	M60	94	SM2	262
284	250	0:52:23	JULIE FINE	Arena 80 AC	A80	A80	F50	130	F502	263
285	325	0:52:28	ERNIE STODDART	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M55	93	M501	264
286	912	0:52:29	Nick Pierce	Tunbridge Wells Harriers	NS	NS	M65	NS	NS	NS
287	413	0:52:30	FRANCIS LEARY	Crowborough Runners	CROW	CROW	M55	92	NS	NS
288	623	0:52:31	GUY RAMAGE	Hastings Runners	HR	HR/HAC	M55	91	NS	NS
289	370	0:52:32	TOM PEELING	Central Park Athletics	CPA	CPA	M35	90	NSM1	265
290	126	0:52:33	LINDSAY TEARLE	Seaford Striders	SEAF	PSST	F55	129	F501	266
291	187	0:52:42	NEIL MALTBY	Uckfield Runners	UCK	HTH/UCK	M55	89	NSM4	267
292	366	0:52:49	ROB O'HALLORAN	Central Park Athletics	CPA	CPA	M45	88	M402	268
293	363	0:52:53	JULIAN MILLS	Central Park Athletics	CPA	CPA	M60	87	M602	269
294	532	0:53:06	SAMANTHA NEAME	Hailsham Harriers	HAIL	HAIL	F35	128	NSF2	270
295	700	0:53:09	MICHELLE HART	HY Runners	HYR	HYR	F45	127	SF1	271
296	902	0:53:11	Peter Grindrod	Polegate Plodders	POLE	PSST	M45	86	NS	NS
297	837	0:53:32	Graeme Heaton	Heathfield Road Runners	HEAT	HTH/UCK	M60	85	NSM5	272
298	190	0:53:38	DAVID PETTITT	Uckfield Runners	UCK	HTH/UCK	M55	84	NSM6	273
299	218	0:53:46	DENISE JEFFREY	Wadhurst Runners	WAD	WAD	F60	126	F602	274
300	631	0:53:48	RUTH SPILLER	Hastings Runners	HR	HR/HAC	F55	125	NS	NS
301	575	0:53:49	GARETH PURVES	Hastings AC	HAC	HR/HAC	M40	83	NS	NS
302	890	0:54:05	Paul Standen-Payne	Team Bodyworks	BDY	EAST/BDY	M45	82	NSM4	275
303	646	0:54:08	JAN YOUNG	Hastings Runners	HR	HR/HAC	F60	124	F601	276
304	322	0:54:09	SCOTT OAKLEY	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	81	NSM1	277
305	117	0:54:10	STACEY POLLARD	Seaford Striders	SEAF	PSST	F35	123	SF2	278
306	909	0:54:31	Lucy Wright	-	NS	NS	F50	NS	NS	NS
307	149	0:54:32	JOE LAND	Team Bodyworks	BDY	EAST/BDY	M40	80	NSM5	279
308	630	0:54:38	LUCIE SMITALOVA	Hastings Runners	HR	HR/HAC	F35	122	NS	NS
309	906	0:54:44	Marie Appleton	Hastings Runners	HR	HR/HAC	F45	121	NS	NS
310	596	0:54:46	KELLY DE ROSA	Hastings Runners	HR	HR/HAC	F40	120	NS	NS
311	136	0:54:49	IAN KING	Seafront Shufflers	SHUF	PSST	M55	79	NS	NS
312	818	0:54:50	DAVE MORAN	Polegate Plodders	POLE	PSST	M40	78	NS	NS
313	429	0:54:56	BEX STEVENS	Crowborough Runners	CROW	CROW	SF	119	NSF3	280
314	914	0:54:57	Kevin Perez	Wadhurst Runners	WAD	WAD	M55	77	SM3	281
315	904	0:54:58	Michael Gordon	-	NS	NS	M60	NS	NS	NS
316	185	0:55:04	SHIRLEY LIGHT	Uckfield Runners	UCK	HTH/UCK	F55	118	F501	282
317	12	0:55:06	FRAN HAMILTON	Portslade Hedgehoppers	HEDGE	HEDGE	F50	117	F502	283
318	319	0:55:14	DAVID HURST	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M65	76	M601	284
319	73	0:55:36	SARAH MORRIS (RW)	RunWednesdays	RUNW	RUNW	F45	116	F402	285
320	312	0:56:03	LENNY BUXTON	Brighton & Hove Frontrunner:	FRONTR	FRONTR	F40	115	F401	286
321	307	0:56:06	TERRY AYRES	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M65	75	M602	287
322	806	0:56:10	VERITY WILDE	Meads Runners	MEAD	MEAD	F35	114	SF1	288
323	175	0:56:15	EMILY GIBSON	Uckfield Runners	UCK	HTH/UCK	F50	113	F502	289
324	649	0:56:18	BRIAN BARLEY	Heathfield Road Runners	HEAT	HTH/UCK	M50	74	NS	NS
325	302	0:56:25	AMANDA TONDEUR	Bexhill Run Tri	BEX	BEX	F50	112	F501	290
326	31	0:56:26	MARY AUSTIN-OLSEN	RunWednesdays	RUNW	RUNW	F70	111	F601	291
327	106	0:56:28	MARTYN CRADDOCK	Seaford Striders	SEAF	PSST	M50	73	NS	NS
328	651	0:56:29	FLEUR BLANFORD	Heathfield Road Runners	HEAT	HTH/UCK	F60	110	F601	292
329	74	0:56:33	KEVIN MOULDING	RunWednesdays	RUNW	RUNW	M50	72	SM3	293
330	525	0:56:35	VICTORIA LITTLE	Hailsham Harriers	HAIL	HAIL	F40	109	F402	294
331	685	0:56:44	ELEANOR WILKES	Heathfield Road Runners	HEAT	HTH/UCK	F45	108	F402	295
332	244	0:56:47	SHAWN BUCK	Arena 80 AC	A80	M65	M65	71	NSM5	296
333	56	0:56:50	VICTORIA HAYNES	RunWednesdays	RUNW	RUNW	F40	107	SF1	297
334	428	0:56:52	JOJO SMITH	Crowborough Runners	CROW	CROW	F50	106	NSF4	298
335	889	0:56:53	Vicky Cowen	-	NS	NS	F45	NS	NS	NS
336	199	0:57:05	BRIGID BURNHAM	Wadhurst Runners	WAD	WAD	F60	105	F401	299
337	83	0:57:21	DAVID STRINGER	RunWednesdays	RUNW	RUNW	M50	70	SM4	300
338	430	0:57:32	GRAHAM STEVENS	Crowborough Runners	CROW	CROW	M70	69	NS	NS
339	616	0:57:39	SARAH MARZAIOLI	Hastings Runners	HR	HR/HAC	F70	104	F602	301
340	384	0:57:40	KEVIN BATTELL	Crowborough Runners	CROW	CROW	M60	68	NS	NS
341	276	0:57:43	CATHERINE CROMBIE	Bexhill Run Tri	BEX	BEX	F45	103	F401	302

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342	697	0:58:05	JENNA HARMER	HY Runners	HYR	HYR	F35	102	SF2	303
343	193	0:58:06	CHRISTINE TAIT	Uckfield Runners	UCK	HTH/UCK	F60	101	F602	304
344	583	0:58:09	TRISH AUDIS	Hastings Runners	HR	HR/HAC	F65	100	NS	NS
345	749	0:58:15	RICHARD RUDD	Lewes AC	LEW	LEW	M60	67	NSM3	305
346	604	0:58:30	PAUL HOPE	Hastings Runners	HR	HR/HAC	M65	66	NS	NS
347	135	0:58:31	JO FRENCH	Seafrost Shufflers	SHUF	PSST	F45	99	NSF1	306
348	201	0:58:36	PETER CLARK	Wadhurst Runners	WAD	WAD	M50	65	SM4	307
349	741	0:58:39	TIM MONSON	Lewes AC	LEW	LEW	M60	64	NSM4	308
350	138	0:58:40	RICHARD MEYER	Seafrost Shufflers	SHUF	PSST	M40	63	NS	NS
351	597	0:58:55	WILLIAM EDMONDSON	Hastings Runners	HR	HR/HAC	M65	62	NS	NS
352	96	0:58:57	JAMIE YATES	RunWednesdays	RUNW	RUNW	SM	61	NSM1	309
353	40	0:59:07	SARAH CASE	RunWednesdays	RUNW	RUNW	F50	98	SF2	310
354	812	0:59:10	CAROLINE GEARING	Polegate Plodders	POLE	PSST	F55	97	F502	311
355	900	0:59:12	DAVID BRATBY	Hastings Runners	HR	HR/HAC	M65	60	NS	NS
356	506	0:59:27	JULIE DEAKIN	Hailsham Harriers	HAIL	HAIL	F55	96	NSF3	312
357	519	0:59:30	CLAIRE HOPE	Hailsham Harriers	HAIL	HAIL	F50	95	NSF4	313
358	373	0:59:57	DENISE ROSE	Central Park Athletics	CPA	CPA	F60	94	F601	314
359	456	1:00:05	ZOE HITCHCOCK	Eastbourne Rovers	EAST	EAST/BDY	F50	93	F502	315
360	139	1:00:09	EMILIE MOFFAT	Seafrost Shufflers	SHUF	PSST	SF	92	NSF2	316
361	661	1:00:12	LORRAINE DIPLOCK	Heathfield Road Runners	HEAT	HTH/UCK	F55	91	SF1	317
362	48	1:00:18	NICOLE DYSON	RunWednesdays	RUNW	RUNW	F55	90	NSF1	318
363	155	1:00:19	ANDREW SIEVEWRIGHT	Team Bodyworks	BDY	EAST/BDY	M45	59	NSM6	319
364	516	1:00:31	KIRSTIE GROVES	Hailsham Harriers	HAIL	HAIL	F45	89	NS	NS
365	897	1:00:45	Kelly Trebell		NS	NS	F45	NS	NS	NS
366	809	1:00:48	KEVIN BURTON	Polegate Plodders	POLE	PSST	M65	58	NS	NS
367	496	1:00:51	STEPH BASSETT	Hailsham Harriers	HAIL	HAIL	F45	88	NS	NS
368	507	1:00:51	HANNAH DEUBERT-CHAP	Hailsham Harriers	HAIL	HAIL	F35	87	NS	NS
369	665	1:00:52	MARK HILL	Heathfield Road Runners	HEAT	HTH/UCK	M55	57	NS	NS
370	398	1:00:54	RON CUTBILL	Crowborough Runners	CROW	CROW	M65	56	NS	NS
371	513	1:01:13	LOUISA GEER	Hailsham Harriers	HAIL	HAIL	F35	86	NS	NS
372	763	1:01:20	TOBY WOLPE	Lewes AC	LEW	LEW	M65	55	NSM5	320
373	531	1:01:28	JAYNE MORRIS	Hailsham Harriers	HAIL	HAIL	F50	85	NS	NS
374	637	1:01:33	NICK THOMPSON	Hastings Runners	HR	HR/HAC	M50	54	NS	NS
375	219	1:01:59	ALBERT KEMP	Wadhurst Runners	WAD	WAD	M70	53	NSM1	321
376	679	1:02:03	SUZANNAH TAYLOR	Heathfield Road Runners	HEAT	HTH/UCK	F55	84	SF2	322
377	416	1:02:07	SALLY MCCLEVERTY	Crowborough Runners	CROW	CROW	F60	83	F601	323
378	387	1:02:18	MARIE BOLTON	Crowborough Runners	CROW	CROW	F50	82	NS	NS
379	184	1:02:19	JAMES KILVINGTON	Uckfield Runners	UCK	HTH/UCK	M50	52	NS	NS
380	16	1:02:22	KERRY KIPLING	Portslade Hedgehoppers	HEDGE	HEDGE	F50	81	F401	324
381	230	1:02:26	SUSANNAH TAPP	Wadhurst Runners	WAD	WAD	F60	80	F402	325
382	622	1:02:27	KAYLA QUINNELL	Hastings Runners	HR	HR/HAC	F45	79	NS	NS
383	98	1:02:33	SAMANTHA ALVAREZ	Seaford Striders	SEAF	PSST	F50	78	NSF3	326
384	1	1:02:34	BRIAN WINN	Polegate Plodders	POLE	PSST	M70	51	NS	NS
385	590	1:02:39	SHANA BURCHETT	Hastings Runners	HR	HR/HAC	F45	77	NS	NS
386	365	1:02:42	LARISSA O'HALLORAN	Central Park Athletics	CPA	CPA	F50	76	F502	327
387	896	1:02:46	Kevin Wilkes		NS	NS	M45	NS	NS	NS
388	380	1:02:51	PETE THOMAS	Central Park Athletics	CPA	CPA	M65	50	M403	328
389	378	1:03:02	SANDRA SPEERS	Central Park Athletics	CPA	CPA	F55	75	SF1	329
390	682	1:03:20	ANN TOWNSEND	Heathfield Road Runners	HEAT	HTH/UCK	F60	74	NSF1	330
391	358	1:03:21	MIKE LAWLOR	Central Park Athletics	CPA	CPA	M50	49	NSM2	331
392	3	1:04:34	VAL BROCKWELL	Portslade Hedgehoppers	HEDGE	HEDGE	F70	73	F601	332
393	280	1:04:45	DAGMARA GINTER	Bexhill Run Tri	BEX	BEX	F45	72	F402	333
394	672	1:05:20	JANE LOCKEYEAR	Heathfield Road Runners	HEAT	HTH/UCK	F50	71	NSF2	334
395	668	1:05:23	EMMA JONES	Heathfield Road Runners	HEAT	HTH/UCK	F50	70	NSF3	335
396	93	1:06:10	ROSALIND WILKINS	RunWednesdays	RUNW	RUNW	F50	69	NSF2	336
397	311	1:06:12	JOHN BROWN	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M55	48	M502	337
398	99	1:06:15	SARA BAITUP	Seaford Striders	SEAF	PSST	F35	68	NSF4	338
399	892	1:06:29	Sue Collett	Uckfield Runners	UCK	HTH/UCK	F45	67	NSF4	339
400	179	1:06:30	LAURA GROVE	Uckfield Runners	UCK	HTH/UCK	F40	66	NS	NS
401	626	1:06:58	CHRIS SANDERSON	Hastings Runners	HR	HR/HAC	F70	65	NS	NS
402	872	1:07:36	Jacqueline Patton	HY Runners	HYR	HYR	F60	64	F601	340
403	357	1:07:54	ANN KOMZOLIK	Central Park Athletics	CPA	CPA	F60	63	F602	341
404	680	1:07:58	NICKY THOMPSETT	Heathfield Road Runners	HEAT	HTH/UCK	F50	62	NS	NS
405	355	1:08:12	MARTIN HARMAN	Central Park Athletics	CPA	CPA	M50	47	NSM3	342
406	372	1:08:39	SAMANTHA ROBERTS	Central Park Athletics	CPA	CPA	SF	61	SF2	343
407	598	1:09:02	JO EDWARDS	Hastings Runners	HR	HR/HAC	F60	60	NS	NS
408	382	1:09:29	BOB ARCHER	Crowborough Runners	CROW	CROW	M70	46	NS	NS
409	281	1:09:41	JAMES GRAHAM	Bexhill Run Tri	BEX	BEX	M55	45	M402	344
410	618	1:10:27	ELLIE MILLER	Hastings Runners	HR	HR/HAC	F50	59	NS	NS
411	354	1:10:39	RICHARD GREENWOOD	Central Park Athletics	CPA	CPA	M50	44	NSM4	345
412	403	1:10:55	JULIE ERXLEBEN	Crowborough Runners	CROW	CROW	F55	58	NS	NS
413	290	1:10:58	DAVID OXBROW	Bexhill Run Tri	BEX	BEX	M70	43	M602	346
414	675	1:12:27	GILLY NICKOLS	Heathfield Road Runners	HEAT	HTH/UCK	F60	57	NS	NS
415	664	1:12:28	NESS GRAY	Heathfield Road Runners	HEAT	HTH/UCK	F55	56	NS	NS
416	549	1:13:17	ROSALIND THOMSON	Hailsham Harriers	HAIL	HAIL	F50	55	NS	NS
417	78	1:14:55	CLAIRE SHIMMONS	RunWednesdays	RUNW	RUNW	F45	54	NSF3	347
418	92	1:20:03	JACKY WHITE	RunWednesdays	RUNW	RUNW	F55	53	NSF4	348
419	548	1:20:44	MARIA STANFORD	Hailsham Harriers	HAIL	HAIL	F60	52	F601	349
420	539	1:21:58	ROBERTO PROIETTI	Hailsham Harriers	HAIL	HAIL	M70	42	M602	350
421	498	1:22:01	ANNE BRANDENBURG	Hailsham Harriers	HAIL	HAIL	F35	51	NS	NS
422	535	1:25:05	GRAHAM PEARSON	Hailsham Harriers	HAIL	HAIL	M50	41	M503	351
423	232	1:25:15	WAN SZE WALBRIDGE	Wadhurst Runners	WAD	WAD	F45	50	SF2	352

DNF

246	DANIEL CLARK	Arena 80 AC	A80
266	MARK STEPHENSON	Arena 80 AC	A80

## ESSLXC SNAPE WOOD - 26 NOVEMBER 2023 - SENIORS

412	JONATHAN KELLY	Crowborough Runners	CROW
558	DAN ANDERSON	Hastings AC	HAC
643	TAMSIN WEST	Hastings Runners	HR
63	JANICE MACHIN	RunWednesdays	RUNW
39			
876	Jo Robinson	Seaford Striders	SEAF