

Ashdown Forest  
RESULTS

31-Oct-21

Race no	POS	NAME	TIME	CLUB	CLUB CODE	TEAM	CAT.	PTS	T CAT	T PTS
658	1	Gary Foster	30.41	HY Runners	HYR	HYR	SM	300	SM1	1
544	2	Toby Meanwell	32.07	Lewes AC	LEW	LEW	M40	299	M401	2
621	3	Patrick Marsden	32.20	Polegate Plodders	POLE	PSS	SM	298	SM1	3
191	4	Max Selby	32.24	Wadhurst Runners	WAD	WAD	SM	297	SM1	4
307	5	Sam Dowler	32.25	Central Park Athletics	CPA	CPA	SM	296	SM1	5
469	6	Will Withecombe	32.35	Hastings Runners	HR	HR	SM	295	SM1	6
512	7	Chris Coffey	32.36	Lewes AC	LEW	LEW	SM	294	SM1	7
213	8	Will Beaver	32.42	Bodyworks	BDY	EAST/BDY	SM	293	SM1	8
369	9	Colin Tricker	33.01	Crowborough Runners	CROW	CROW	M40	292	M401	9
552	10	Ben Pepler	33.08	Lewes AC	LEW	LEW	SM	291	SM2	10
659	11	David Lee Ervine	33.19	HY Runners	HYR	HYR	SM	290	SM2	11
664	12	Nickolaj Kennett	33.44	Hastings AC	HAC	HAC	SM	289	SM1	12
541	13	Tom Marchant	33.48	Lewes AC	LEW	LEW	SM	288	SM3	13
374	14	Peter Woodward	33.50	Crowborough Runners	CROW	CROW	SM	287	SM1	14
96	15	Rowan Tully	33.51	Seaford Striders	SEAF	PSS	SM	286	SM2	15
89	16	Ollie Sprague	33.52	Seaford Striders	SEAF	PSS	SM	285	SM3	16
388	17	Stuart Pelling	33.55	Eastbourne Rovers	EAST	EAST/BDY	SM	284	SM2	17
633	18	Charlie Ellison	34.00	Weald Tri	NS	NS	Junior!	NS	NS	NS
429	19	Sean Parker-Harding	34.08	Hastings AC	HAC	HAC	SM	283	SM2	18
642	20	David Powell	34.13	Phoenix	NS	NS	M50	NS	NS	NS
672	21	Lewis Sida	34.16	Lewes AC	LEW	LEW	M50	282	M501	19
670	22	James Cox	34.27	Heathfield Road Runners	HEAT	HTH/UCK	M50	281	M501	20
229	23	Neil Pysden	34.33	Bodyworks	BDY	EAST/BDY	M40	280	M401	21
424	24	Grace Baker	34.35	Hastings AC	HAC	HAC	SF	200	SF1	22
568	25	Adam Vaughan	34.41	Lewes AC	LEW	LEW	M40	279	M402	23
144	26	Jamie Kingdon	34.51	Uckfield Runners	UCK	HTH/UCK	SM	278	SM1	24
140	27	Jamie Keddie	34.53	Uckfield Runners	UCK	HTH/UCK	M40	277	M401	25
174	28	James Clarke	34.56	Wadhurst Runners	WAD	WAD	M50	276	M501	26
252	29	Sean Scott	35.07	Brighton Tri Club	BTNTRI	BTNTRI	M40	275	M401	27
534	30	Ben Hodgson	35.19	Lewes AC	LEW	LEW	M45	274	M403	28
248	31	Ian McLaren	35.21	Brighton Tri Club	BTNTRI	BTNTRI	M45	273	M402	29
645	32	Vinney Reed	35.24	Hastings Runners	HR	HR	M50	272	M501	30
352	33	Rob Lawrence	35.29	Crowborough Runners	CROW	CROW	M40	271	M402	31
472	34	Olly Blaydon	35.30	Heathfield Road Runners	HEAT	HTH/UCK	M40	270	M402	32
477	35	Jamie Coppock	35.31	Heathfield Road Runners	HEAT	HTH/UCK	M40	269	M403	33
216	36	Mat Dowle	35.43	Bodyworks	BDY	EAST/BDY	M40	268	M402	34
630	37	Gareth Hutchinson	35.43	Seaford Striders	SEAF	PSS	M45	267	M401	35
513	38	Robert Cooper	35.48	Lewes AC	LEW	LEW	M45	266	SM4	36
674	39	Stewart Gregory	35.51	Portslade Hedge Hoppers	NS	NS	M55	NS	NS	NS
28	40	Christopher Larmour	35.58	Run Wednesdays	RUNW	RUNW	SM	265	SM1	37
529	41	Mike Green	36.18	Lewes AC	LEW	LEW	M50	264	M502	38
380	42	Richard Davis	36.22	Eastbourne Rovers	EAST	EAST/BDY	SM	263	SM3	39
204	43	Steve Mcnealy	36.25	Arena 80 AC	A80	A80	M50	262	M501	40
676	44	Adam Styles	36.32	Tonbridge	NS	NS	M50	NS	NS	NS
372	45	Ollie Welch	36.35	Crowborough Runners	CROW	CROW	SM	261	SM2	41
648	46	Chris Angier	36.38	Pheonix	NS	NS	SM	NS	NS	NS
283	47	Dan Marshman	36.52	Bexhill Run Tri	BEX	BEX	M45	260	M401	42
627	48	Stephen Hudson	36.58	Wadhurst Runners	WAD	WAD	SM	259	SM2	43
631	49	Yuriy Korchev	37.08	Eastbourne Rovers	EAST	EAST/BDY	M40	258	M403	44
70	50	Nick Farley	37.15	Seaford Striders	SEAF	PSS	M40	257	M402	45
279	51	Nigel Jewell	37.22	Bexhill Run Tri	BEX	BEX	M50	256	M501	46
498	52	David Woollard	37.27	Heathfield Road Runners	HEAT	HTH/UCK	M40	255	SM2	47
433	53	Dave Turner	37.30	Hastings AC	HAC	HAC	M45	254	M401	48
295	54	Mark Thomas	37.31	Bexhill Run Tri	BEX	BEX	M55	253	M502	49
101	55	Jeff Young	37.32	Seaford Striders	SEAF	PSS	M45	252	M403	50
365	56	Dave Stewart	37.36	Crowborough Runners	CROW	CROW	M45	251	M403	51
304	57	Steve Caller	37.37	Central Park Athletics	CPA	CPA	SM	250	SM2	52
68	58	Dave Dunstall	37.40	Seaford Striders	SEAF	PSS	M60	249	M601	53
643	59	Maciej Ozimkiewicz	37.43	Brighton Tri Club	BTNTRI	BTNTRI	SM	248	SM1	54
80	60	Josh Nisbett	37.44	Seaford Striders	SEAF	PSS	SM	247	SM4	55
75	61	James Marron	37.46	Seaford Striders	SEAF	PSS	M50	246	M501	56
665	62	Tim Archer	37.51	Hastings AC	HAC	HAC	SM	245	SM3	57
422	63	Graham Woolley	38.07	Hailsham Harriers	HAIL	HAIL	M40	244	M401	58
357	64	Peter Noon	38.18	Crowborough Runners	CROW	CROW	M40	243	SM3	59
458	65	Martin Noakes	38.22	Hastings Runners	HR	HR	M55	242	M502	60
383	66	Sue Fry	38.28	Eastbourne Rovers	EAST	EAST/BDY	F45	199	F401	61
387	67	Liz Lumber	38.33	Eastbourne Rovers	EAST	EAST/BDY	F55	198	F501	62
360	68	Chris Russell	38.39	Crowborough Runners	CROW	CROW	M60	241	M601	63
428	69	Adam Osman	38.41	Hastings AC	HAC	HAC	SM	240	SM4	64
395	70	Carl Barton	38.44	Hailsham Harriers	HAIL	HAIL	M45	239	M402	65
508	71	Ellen Brooks	38.45	Lewes AC	LEW	LEW	F40	197	F401	66
637	72	Mari Laidlow	38.46	Brighton Tri Club	BTNTRI	BTNTRI	F40	196	F401	67
287	73	Tom North	38.48	Bexhill Run Tri	BEX	BEX	SM	238	SM1	68

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338	74	James Bryant	38.53	Crowborough Runners	CROW	CROW	SM	237	SM4	69
225	75	Robert Light	38.56	Bodyworks	BDY	EAST/BDY	M50	236	M501	70
215	76	Johanna Dowle	39.09	Bodyworks	BDY	EAST/BDY	F40	195	F402	71
502	77	Ed Barnes	39.14	Lewes AC	LEW	LEW	M40	235	NSM1	72
66	78	Simon Croucher	39.15	Seaford Striders	SEAF	PSS	M40	234	NSM1	73
625	79	Ian Weston	39.27	Polegate Plodders	POLE	PSS	M55	233	M502	74
182	80	Aleck Johnston	39.36	Wadhurst Runners	WAD	WAD	SM	232	SM3	75
359	81	Chris Price	39.37	Crowborough Runners	CROW	CROW	SM	231	NSM1	76
425	82	Chris Brandt	39.45	Hastings AC	HAC	HAC	M55	230	M501	77
293	83	Jeremy Sankey	39.52	Bexhill Run Tri	BEX	BEX	M55	229	M503	78
219	84	Lindsay Ibbott	39.59	Bodyworks	BDY	EAST/BDY	SF	194	SF1	79
427	85	Jenna Levett	40.02	Hastings AC	HAC	HAC	SF	193	SF2	80
420	86	Sarah Underwood	40.09	Hailsham Harriers	HAIL	HAIL	SF	192	SF1	81
517	87	Tony Deacon	40.13	Lewes AC	LEW	LEW	M60	228	M601	82
250	88	Angus Peters	40.14	Brighton Tri Club	BTNTRI	BTNTRI	SM	227	SM2	83
490	89	Sarah Morris	40.16	Heathfield Road Runners	HEAT	HTH/UCK	F60	191	F601	84
361	90	Kirsty Sandiford	40.19	Crowborough Runners	CROW	CROW	SF	190	SF1	85
128	91	Jason Dilworth	40.24	Uckfield Runners	UCK	HTH/UCK	SM	226	SM3	86
382	92	Richard Fox	40.25	Eastbourne Rovers	EAST	EAST/BDY	M50	225	M502	87
412	93	Mark Pope	40.26	Hailsham Harriers	HAIL	HAIL	SM	224	SM1	88
335	94	Steve Bolton	40.27	Crowborough Runners	CROW	CROW	M60	223	M602	89
558	95	Andrea Sansottera	40.32	Lewes AC	LEW	LEW	SM	222	NSM2	90
58	96	Phil Wood	40.33	Run Wednesdays	RUNW	RUNW	M50	221	M501	91
109	97	Nathan Hunter	40.37	Tri Tempo	TRIT	TRIT	M50	220	M501	92
441	98	Paul Burchett	40.39	Hastings Runners	HR	HR	M45	219	M401	93
110	99	Llyr Jones	40.46	Tri Tempo	TRIT	TRIT	M45	218	M401	94
417	100	Andy Ruffell	40.47	Hailsham Harriers	HAIL	HAIL	M50	217	M501	95
41	101	Stephen Offord	40.53	Run Wednesdays	RUNW	RUNW	M40	216	M401	96
147	102	Badrinath Mohandas	40.57	Uckfield Runners	UCK	HTH/UCK	M40	215	SM4	97
64	103	Colin Browne	40.58	Seaford Striders	SEAF	PSS	SM	214	NSM2	98
132	104	Richard Goulder	41.02	Uckfield Runners	UCK	HTH/UCK	M50	213	M502	99
198	105	Andy Clark	41.06	Arena 80 AC	A80	A80	M50	212	M502	100
587	106	Dean Fox	41.09	Meads Runners	MEAD	MEAD	M40	211	M401	101
578	107	Nick Campbell	41.13	Meads Runners	MEAD	MEAD	M45	210	M402	102
226	108	Richard Perry	41.14	Bodyworks	BDY	EAST/BDY	M45	209	SM4	103
666	109	Mark Roydan	41.19	Brighton Tri Club	BTNTRI	BTNTRI	M60	208	M601	104
45	110	Magdalena Schoerner	41.22	Run Wednesdays	RUNW	RUNW	SF	189	SF1	105
47	111	Shane Smith	41.23	Run Wednesdays	RUNW	RUNW	SM	207	SM2	106
185	112	Edward Mckinney	41.27	Wadhurst Runners	WAD	WAD	M50	206	M502	107
351	113	Tony Lavender	41.36	Crowborough Runners	CROW	CROW	M45	205	NSM2	108
302	114	Elizabeth Brookes	41.42	Central Park Athletics	CPA	CPA	F40	188	F401	109
451	115	Neil Jefferies	41.44	Hastings Runners	HR	HR	M60	204	M601	110
646	116	Nina Atherton	41.47	Pheonix	NS	NS	SF	NS	NS	NS
437	117	Kevin Blowers	41.50	Hastings Runners	HR	HR	M55	203	M503	111
584	118	Sarah Eddie	41.52	Meads Runners	MEAD	MEAD	SF	187	SF1	112
102	119	Darren Broderick	41.53	Tri Tempo	TRIT	TRIT	M50	202	M502	113
663	120	Harriet Cunningham	41.56	Brighton Tri Club	BTNTRI	BTNTRI	F40	186	F402	114
277	121	Andrea Harwood	42.02	Bexhill Run Tri	BEX	BEX	F45	185	F401	115
303	122	Jamie Bushnell	42.03	Central Park Athletics	CPA	CPA	SM	201	SM3	116
176	123	Michael Doe	42.05	Wadhurst Runners	WAD	WAD	M55	200	M503	117
313	124	Anoushka Johnson	42.12	Central Park Athletics	CPA	CPA	F45	184	F402	118
308	125	Tony Durey	42.17	Central Park Athletics	CPA	CPA	M55	199	M501	119
325	126	Chris Reid	42.18	Central Park Athletics	CPA	CPA	SM	198	SM4	120
90	127	Steve Sprague	42.19	Seaford Striders	SEAF	PSS	M45	197	NSM3	121
655	128	Andrew Toad	42.20	Tunbridge Wells Harriers	NS	NS	M55	NS	NS	NS
2	129	Jonni Andrews	42.21	Run Wednesdays	RUNW	RUNW	M55	196	M502	122
333	130	Russell Beckett	42.24	Crowborough Runners	CROW	CROW	M45	195	NSM3	123
609	131	David Wharton	42.30	Meads Runners	MEAD	MEAD	M50	194	M501	124
73	132	Scott Hitchcock	42.36	Seaford Striders	SEAF	PSS	SM	193	NSM4	125
528	133	Sarah Godley	42.39	Lewes AC	LEW	LEW	F40	183	F402	126
379	134	Emma Cooper	42.40	Eastbourne Rovers	EAST	EAST/BDY	SF	182	SF2	127
554	135	David Prince-Iles	42.42	Lewes AC	LEW	LEW	M65	192	M602	128
189	136	Annabel Preston	42.43	Wadhurst Runners	WAD	WAD	F50	181	F501	129
375	137	Jamie Woolgar	42.50	Crowborough Runners	CROW	CROW	M40	191	NSM4	130
255	138	Michael Twine	42.54	Brighton Tri Club	BTNTRI	BTNTRI	M55	190	M501	131
650	139	William Blandford	42.56	Heathfield Road Runners	HEAT	HTH/UCK	M60	189	M601	132
81	140	Damian Partridge	42.59	Seaford Striders	SEAF	PSS	M40	188	NS	NS
345	141	Matt Flanagan	43.01	Crowborough Runners	CROW	CROW	SM	187	NS	NS
242	142	Kevin Hancock	43.02	Brighton Tri Club	BTNTRI	BTNTRI	M55	186	M502	133
409	143	Helen O'Sullivan	43.03	Hailsham Harriers	HAIL	HAIL	F45	180	F401	134
564	144	Rob Stanway	43.04	Lewes AC	LEW	LEW	M50	185	M503	135
93	145	Charlotte Sutcliffe	43.05	Seaford Striders	SEAF	PSS	SF	179	SF1	136
414	146	Graham Purdye	43.10	Hailsham Harriers	HAIL	HAIL	M60	184	M601	137

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Race no	POS	NAME	TIME	CLUB	CLUB CODE	TEAM	CAT.	PTS	T CAT	T PTS
223	147	Russell Levell	43.13	Bodyworks	BDY	EAST/BDY	M45	183	NSM1	138
364	148	Heather Stevens	43.17	Crowborough Runners	CROW	CROW	SF	178	SF2	139
466	149	Claire Thomas	43.20	Hastings Runners	HR	HR	SF	177	SF1	140
479	150	Andy Diplock	43.22	Heathfield Road Runners	HEAT	HTH/UCK	M45	182	NSM1	141
88	151	Ray Smith	43.23	Seaford Striders	SEAF	PSS	M50	181	M503	142
452	152	Jamie Kennedy	43.24	Hastings Runners	HR	HR	M40	180	M402	143
72	153	Adam Haverly	43.26	Seaford Striders	SEAF	PSS	SM	179		NS
22	154	James Griffiths	43.27	Run Wednesdays	RUNW	RUNW	M45	178	M402	144
231	155	Chris Roberts	43.34	Bodyworks	BDY	EAST/BDY	M50	177	M503	145
61	156	Christopher Yeomanson	43.35	Run Wednesdays	RUNW	RUNW	M50	176	M503	146
647	157	Jessica Stribbling	43.36	Pheonix	NS	NS	SF	NS	NS	NS
549	158	Dominic Osman-Allu	43.39	Lewes AC	LEW	LEW	M55	175	NSM3	147
612	159	Liam Brooks	43.40	Polegate Plodders	POLE	PSS	SM	174		NS
669	160	Jonathan Roberts	43.41	No Club	NS	NS	SM	NS	NS	NS
597	161	Steven Maskell	43.42	Meads Runners	MEAD	MEAD	M45	173	M403	148
347	162	Georgina Frowde	43.43	Crowborough Runners	CROW	CROW	F40	176	F401	149
464	163	Malcolm Smith	43.44	Hastings Runners	HR	HR	M55	172	M403	150
455	164	Amanda Link	43.48	Hastings Runners	HR	HR	F45	175	F401	151
108	165	Ethan Hunter	44.03	Tri Tempo	TRIT	TRIT	SM	171	SM1	152
273	166	Grant Docksey	44.04	Bexhill Run Tri	BEX	BEX	M50	170	M402	153
405	167	Chris Little	44.07	Hailsham Harriers	HAIL	HAIL	SM	169	SM2	154
522	168	Gerard Dummett	44.11	Lewes AC	LEW	LEW	M60	168	NSM4	155
3	169	Chris Ashby (RW)	44.16	Run Wednesdays	RUNW	RUNW	SM	167	SM3	156
244	170	Rob Jessop	44.17	Brighton Tri Club	BTNTRI	BTNTRI	SM	166	SM3	157
165	171	Graham West	44.18	Uckfield Runners	UCK	HTH/UCK	M60	165	M602	158
290	172	David Palmer	44.19	Bexhill Run Tri	BEX	BEX	M50	164	M403	159
39	173	Kevin Moulding	44.20	Run Wednesdays	RUNW	RUNW	M45	163	M403	160
138	174	Tara Johnson	44.25	Uckfield Runners	UCK	HTH/UCK	F40	174	F401	161
260	175	Richard Baxendale	44.26	Bexhill Run Tri	BEX	BEX	SM	162	SM2	162
403	176	Evgenia (Jenny) Katsoni	44.27	Hailsham Harriers	HAIL	HAIL	SF	173	SF2	163
257	177	Svenja Weiss	44.28	Brighton Tri Club	BTNTRI	BTNTRI	SF	172	SF1	164
282	178	Alistair Marshman	44.34	Bexhill Run Tri	BEX	BEX	M45	161	SM3	165
391	179	Mike Thompson	44.44	Eastbourne Rovers	EAST	EAST/BDY	M60	160	M601	166
660	180	Russell Howlett	44.48	Polegate Plodders	POLE	PSS	M45	159		NS
628	181	Kim Brown	44.49	Hastings AC	HAC	HAC	F50	171	F501	167
673	182	Bryony Clark	44.51	Seaford Striders	SEAF	PSS	F40	170	F401	168
241	183	Darren Hale	44.56	Brighton Tri Club	BTNTRI	BTNTRI	M50	158	M503	169
348	184	Claire Harvey	44.57	Crowborough Runners	CROW	CROW	F45	169	F402	170
373	185	Vicki Whitehorn	44.59	Crowborough Runners	CROW	CROW	F40	168	NSF1	171
238	186	Fiona Bugler	45.04	Arena 80 AC	A80	A80	F50	167	F501	172
580	187	Freddie Dunkley	45.05	Meads Runners	MEAD	MEAD	SM	157	SM1	173
306	188	Caroline Curtis	45.07	Central Park Athletics	CPA	CPA	F50	166	F501	174
635	189	Andrew Saunders	45.09	Heathfield Road Runners	HEAT	HTH/UCK	M55	156	M503	175
170	190	Imogen Burman- Mitchell	45.10	Wadhurst Runners	WAD	WAD	F45	165	F401	176
271	191	Lottie Crathern	45.11	Bexhill Run Tri	BEX	BEX	SF	164	SF1	177
431	192	Mary Sanderson	45.12	Hastings AC	HAC	HAC	F50	163	F502	178
608	193	Fiona Wallace	45.16	Meads Runners	MEAD	MEAD	F45	162	F401	179
418	194	Gary Smith	45.18	Hailsham Harriers	HAIL	HAIL	M50	155	M502	180
506	195	Helen Bowman	45.35	Lewes AC	LEW	LEW	F50	161	F501	181
644	196	Paul Baxter	45.41	HY Runners	HYR	HYR	M55	154	M501	182
569	197	Carole Walters	45.43	Lewes AC	LEW	LEW	F60	160	F601	183
214	198	John-Paul Brophy	45.44	Bodyworks	BDY	EAST/BDY	M45	153	NSM2	184
202	199	Jenny Hughes	45.51	Arena 80 AC	A80	A80	F60	159	F601	185
632	200	Steve Ellison	45.52	Weald Tri	NS	NS	M45	NS	NS	NS
60	201	Jamie Yates	45.58	Run Wednesdays	RUNW	RUNW	SM	152	SM4	186
210	202	Patrycja Wollnik	46.14	Arena 80 AC	A80	A80	F40	158	F401	187
677	203	Nick Pierce	46.17	Tunbridge Wells Harriers	NS	NS	M65	NS	NS	NS
445	204	Jane Coles	46.18	Hastings Runners	HR	HR	F55	157	F501	188
270	205	Carole Crathern	46.20	Bexhill Run Tri	BEX	BEX	F55	156	F501	189
629	206	Steve Davey	46.22	Tri Tempo	TRIT	TRIT	M60	151	M601	190
205	207	Chris Naylor	46.27	Arena 80 AC	A80	A80	F65	155	F602	191
349	208	Terry Harvey	46.30	Crowborough Runners	CROW	CROW	M50	150	M501	192
184	209	Adam Marlow	46.35	Wadhurst Runners	WAD	WAD	M40	149	M401	193
588	210	Ashley Gosling	46.39	Meads Runners	MEAD	MEAD	SM	148	SM2	194
264	211	Frances Burnham	46.56	Bexhill Run Tri	BEX	BEX	F60	154	F601	195
18	212	Danny Garbett	46.58	Run Wednesdays	RUNW	RUNW	M55	147	NSM1	196
19	213	Richard Gardiner	47.03	Run Wednesdays	RUNW	RUNW	M40	146	NSM2	197
206	214	Bob Page	47.05	Arena 80 AC	A80	A80	M60	145	M601	198
671	215	Hayley Plummer	47.07	No club	NS	NS	SF	NS	NS	NS
305	216	Alan Clisby	47.17	Central Park Athletics	CPA	CPA	M50	144	M502	199
230	217	Nicky Pysden	47.19	Bodyworks	BDY	EAST/BDY	SF	153	NSF1	200
636	218	Connie Hannon	47.21	No club	NS	NS	SF	NS	NS	NS
393	219	Hannah Deubert-Chapman	47.28	Hailsham Harriers	HAIL	HAIL	SF	152	NSF1	201

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523	220	Alienor Falconer	47.35	Lewes AC	LEW	LEW	SF	151	SF1	202
340	221	Reuben Coppard	47.42	Crowborough Runners	CROW	CROW	SM	143		NS
492	222	Maria Smith	47.51	Heathfield Road Runners	HEAT	HTH/UCK	F45	150	F402	203
606	223	Chloe Stothart	47.54	Meads Runners	MEAD	MEAD	F40	149	F402	204
342	224	Mary Down	47.59	Crowborough Runners	CROW	CROW	F50	148	F501	205
56	225	Stephen Webb	48.07	Run Wednesdays	RUNW	RUNW	SM	142	NSM3	206
150	226	Dionne Radloff	48.12	Uckfield Runners	UCK	HTH/UCK	F50	147	F501	207
151	227	Paul Radloff	48.13	Uckfield Runners	UCK	HTH/UCK	M50	141	NSM2	208
55	228	Hannah Webb	48.14	Run Wednesdays	RUNW	RUNW	F40	146	F401	209
254	229	Alexandra Smart	48.15	Brighton Tri Club	BTNTRI	BTNTRI	SF	145	SF2	210
105	230	Ian Foxall	48.16	Tri Tempo	TRIT	TRIT	M45	140	M402	211
652	231	Guy Mace	48.17	Tri Tempo	TRIT	TRIT	M45	139	M403	212
299	232	Lelia Banyard	48.18	Central Park Athletics	CPA	CPA	SF	144	SF1	213
548	233	Emily Murray	48.19	Lewes AC	LEW	LEW	SF	143	SF2	214
339	234	Alex Cole	48.26	Crowborough Runners	CROW	CROW	M40	138		NS
613	235	Kevin Burton	48.28	Polegate Plodders	POLE	PSS	M65	137	M602	215
193	236	Robert Weighell	48.34	Wadhurst Runners	WAD	WAD	M60	136	M601	216
17	237	Hannah Edleston	48.37	Run Wednesdays	RUNW	RUNW	F45	142	F402	217
121	238	Andy Theodoulides	48.38	Tri Tempo	TRIT	TRIT	M55	135	M503	218
235	239	Ros Addison	48.40	Brighton Tri Club	BTNTRI	BTNTRI	F60	141	F601	219
320	240	Christine Munday	48.41	Central Park Athletics	CPA	CPA	F45	140	SF2	220
326	241	Lindsey Sanders	48.43	Central Park Athletics	CPA	CPA	F40	139	NSF1	221
408	242	Tina Macenhill	48.55	Hailsham Harriers	HAIL	HAIL	F50	138	F501	222
186	243	Gillian Miles	49.01	Wadhurst Runners	WAD	WAD	F55	137	F502	223
221	244	Will Johnston	49.08	Bodyworks	BDY	EAST/BDY	M50	134	NSM3	224
343	245	Louise Ellis	49.09	Crowborough Runners	CROW	CROW	F50	136	F502	225
537	246	Bob Hughes	49.10	Lewes AC	LEW	LEW	M70	133		NS
614	247	Peter Cook	49.11	Polegate Plodders	POLE	PSS	M60	132		NS
603	248	Rhianne Sarna	49.16	Meads Runners	MEAD	MEAD	F40	135	SF2	226
59	249	Philip Wright	49.22	Run Wednesdays	RUNW	RUNW	M45	131	NSM4	227
23	250	Nicole Henze	49.24	Run Wednesdays	RUNW	RUNW	F45	134	SF2	228
553	251	Andy Perris	49.26	Lewes AC	LEW	LEW	M55	130		NS
473	252	Richard Blott	49.27	Heathfield Road Runners	HEAT	HTH/UCK	M50	129	NSM3	229
106	253	Matthew Fry	49.32	Tri Tempo	TRIT	TRIT	M40	128	SM2	230
296	254	Geoff Tondeur	49.38	Bexhill Run Tri	BEX	BEX	M50	127	SM4	231
392	255	Stu York	49.40	Eastbourne Rovers	EAST	EAST/BDY	SM	126	NSM4	232
309	256	Damian Gibbs	49.41	Central Park Athletics	CPA	CPA	M50	125	M503	233
243	257	Jacqueline Hunt	50.01	Brighton Tri Club	BTNTRI	BTNTRI	F45	133	NSF1	234
354	258	Maddie Michie	50.03	Crowborough Runners	CROW	CROW	SF	132	NSF2	235
275	259	Helen Goddard	50.06	Bexhill Run Tri	BEX	BEX	SF	131	SF2	236
577	260	Michelle Burkhill	50.18	Meads Runners	MEAD	MEAD	F45	130	NSF1	237
480	261	Edward Diplock	50.24	Heathfield Road Runners	HEAT	HTH/UCK	M50	124	NSM4	238
173	262	Giles Clark	50.27	Wadhurst Runners	WAD	WAD	M60	123	M602	239
624	263	Julie Tremlin	50.32	Seafront Shufflers	SHUF	PSS	F55	129	F501	240
25	264	Kate Jarman	50.34	Run Wednesdays	RUNW	RUNW	SF	128	NSF1	241
344	265	Manfred Engler	50.38	Crowborough Runners	CROW	CROW	M55	122	M502	242
285	266	Gary Miles	50.52	Bexhill Run Tri	BEX	BEX	SM	121	NSM1	243
196	267	Terry Avey	50.53	Arena 80 AC	A80	A80	M70	120	M602	244
493	268	Louise Waghorn	50.54	Heathfield Road Runners	HEAT	HTH/UCK	F40	127	SF1	245
488	269	Gareth Jones	50.55	Heathfield Road Runners	HEAT	HTH/UCK	M40	119		NS
491	270	Sharon Reed	50.56	Heathfield Road Runners	HEAT	HTH/UCK	F45	126	SF2	246
246	271	Suzanne Langdon	50.57	Brighton Tri Club	BTNTRI	BTNTRI	F40	125	NSF2	247
256	272	Laura Ulanowski	51.00	Brighton Tri Club	BTNTRI	BTNTRI	SF	124	NSF3	248
487	273	Graeme Heaton	51.22	Heathfield Road Runners	HEAT	HTH/UCK	M60	118		NS
172	274	Amanda Bussey	51.24	Wadhurst Runners	WAD	WAD	F55	123	F402	249
122	275	Clair Viney	51.42	Tri Tempo	TRIT	TRIT	F50	122	F501	250
177	276	Sally Green	51.45	Wadhurst Runners	WAD	WAD	SF	121	SF1	251
178	277	Stuart Green	51.53	Wadhurst Runners	WAD	WAD	M40	117	M402	252
550	278	Mark Pappenheim	51.54	Lewes AC	LEW	LEW	M65	116		NS
662	279	Samantha Hearne	51.56	Hailsham Harriers	HAIL	HAIL	SF	120	NSF2	253
406	280	Victoria Little	51.59	Hailsham Harriers	HAIL	HAIL	F40	119	F402	254
332	281	Kevin Battell	52.09	Crowborough Runners	CROW	CROW	M55	115	M503	255
494	282	Claire Williams	52.12	Heathfield Road Runners	HEAT	HTH/UCK	F45	118	NSF1	256
678	283	Rosie Pierce	52.13	Tunbridge Wells Harriers	NS	NS	SF	NS	NS	NS
656	284	Darren Skinner	52.16	Uckfield Runners	UCK	HTH/UCK	M45	114		NS
397	285	Julie Chicken	52.18	Hailsham Harriers	HAIL	HAIL	F60	117	F601	257
353	286	Sally Mccleverty	52.21	Crowborough Runners	CROW	CROW	F60	116	F601	258
639	287	Gabriel Lau	52.22	Brighton Tri Club	BTNTRI	BTNTRI	M45	113	M403	259
152	288	Debbie Reed	52.23	Uckfield Runners	UCK	HTH/UCK	F55	115	F502	260
651	289	Lindsay Tearle	52.27	Seaford Striders	SEAF	PSS	F55	114	F502	261
457	290	Jo Nevett	52.28	Hastings Runners	HR	HR	F45	113	F402	262
562	291	Hugh St John	52.29	Lewes AC	LEW	LEW	M70	112		NS
316	292	Mark Mcmillan	52.30	Central Park Athletics	CPA	CPA	M50	111	M401	263

Ashdown Forest  
RESULTS

31-Oct-21

Race no	POS	NAME	TIME	CLUB	CLUB CODE	TEAM	CAT.	PTS	T CAT	T PTS
661	293	Ro Morris	52.35	No Club	NS	NS	SF	NS	NS	NS
547	294	Tim Monson	52.37	Lewes AC	LEW	LEW	M60	110	NS	NS
654	295	Emily Tearle	52.48	Seaford Striders	SEAF	PSS	SF	112	SF2	264
439	296	David Bratby	53.00	Hastings Runners	HR	HR	M65	109	M602	265
146	297	Chris Lugg	53.07	Uckfield Runners	UCK	HTH/UCK	M40	108		NS
103	298	Sarah Case	53.10	Tri Tempo	TRIT	TRIT	F45	111	F401	266
475	299	Greg Collins	53.11	Heathfield Road Runners	HEAT	HTH/UCK	M60	107		NS
276	300	James Graham	53.13	Bexhill Run Tri	BEX	BEX	M50	106	NSM2	267
402	301	Marcos Jarvis	53.14	Hailsham Harriers	HAIL	HAIL	M45	105	M403	268
337	302	Ula Bronkowska	53.15	Crowborough Runners	CROW	CROW	SF	110	NSF3	269
638	303	Ceri Cook	53.16	Crowborough Runners	CROW	CROW	F50	109		NS
489	304	Jonathan Morris	53.17	Heathfield Road Runners	HEAT	HTH/UCK	M60	104		NS
465	305	Ruth Spiller	53.18	Hastings Runners	HR	HR	F55	108	F502	270
531	306	Colin Hartland	53.22	Lewes AC	LEW	LEW	M60	103		NS
649	307	Fleur Blandford	53.25	Heathfield Road Runners	HEAT	HTH/UCK	F55	107	NSF2	271
545	308	Peter Miller	53.29	Lewes AC	LEW	LEW	M50	102		NS
634	309	Sharen Saunders	53.31	Heathfield Road Runners	HEAT	HTH/UCK	F50	106	NSF3	272
626	310	Lorraine Wilkinson	53.35	Polegate Plodders	POLE	PSS	F40	105	F402	273
199	311	Juliet Fine	53.36	Arena 80 AC	A80	A80	F50	104	F502	274
31	312	Fenella Maloney	53.37	Run Wednesdays	RUNW	RUNW	F50	103	F501	275
607	313	Jackie Turner	53.38	Meads Runners	MEAD	MEAD	F55	102	F501	276
21	314	Evelyn Griffiths	53.41	Run Wednesdays	RUNW	RUNW	F55	101	F502	277
411	315	Lisa Phillips	53.51	Hailsham Harriers	HAIL	HAIL	F45	100	NSF3	278
131	316	Katherine Goulder	53.56	Uckfield Runners	UCK	HTH/UCK	F40	99		NS
7	317	Juliet Bradley	53.58	Run Wednesdays	RUNW	RUNW	F50	98	NSF2	279
623	318	Ian Pratt	54.06	Seaford Shufflers	SHUF	PSS	M50	101		NS
87	319	Bronwyn Ryan	54.10	Seaford Striders	SEAF	PSS	SF	97	NSF1	280
141	320	Sam Kedwards	54.19	Uckfield Runners	UCK	HTH/UCK	F45	96		NS
483	321	Lucy Farley	54.20	Heathfield Road Runners	HEAT	HTH/UCK	F40	95		NS
432	322	Clare Tomlinson	54.22	Hastings AC	HAC	HAC	F50	94	F401	281
107	323	Caroline Gearing	54.41	Tri Tempo	TRIT	TRIT	F55	93	F502	282
456	324	Sarah Marzaoli	54.47	Hastings Runners	HR	HR	F70	92	F601	283
378	325	Graham Clark	54.52	Eastbourne Rovers	EAST	EAST/BDY	M65	100	M602	284
163	326	Carol Thwaites	55.05	Uckfield Runners	UCK	HTH/UCK	F60	91	F602	285
557	327	Terry Rogers	55.06	Lewes AC	LEW	LEW	M55	99		NS
294	328	John Syddall	55.20	Bexhill Run Tri	BEX	BEX	M70	98	M601	286
37	329	Stuart Mckenzie	55.43	Run Wednesdays	RUNW	RUNW	SM	97		NS
329	330	Alex Valentino	55.46	Central Park Athletics	CPA	CPA	M60	96	M601	287
220	331	Karen Jaques	55.51	Bodyworks	BDY	EAST/BDY	F50	90	F502	288
169	332	Peter Burfoot	55.55	Wadhurst Runners	WAD	WAD	M65	95	M403	289
434	333	Trish Audis	55.57	Hastings Runners	HR	HR	F65	89	F602	290
4	334	Mary Austin-Olsen	55.58	Run Wednesdays	RUNW	RUNW	F65	88	F601	291
501	335	Anita Amies	56.04	Lewes AC	LEW	LEW	F65	87	F602	292
161	336	Christine Tait	56.47	Uckfield Runners	UCK	HTH/UCK	F60	86		NS
145	337	Sam Lewis	56.53	Uckfield Runners	UCK	HTH/UCK	F55	85		NS
164	338	Deborah Turner	56.57	Uckfield Runners	UCK	HTH/UCK	F40	84		NS
496	339	Rachel Wilson	57.00	Heathfield Road Runners	HEAT	HTH/UCK	F45	83		NS
481	340	Lorraine Diplock	57.01	Heathfield Road Runners	HEAT	HTH/UCK	F50	82		NS
13	341	Samantha Crompton	57.16	Run Wednesdays	RUNW	RUNW	F40	81	NSF3	293
12	342	Helen Chatterton	57.17	Run Wednesdays	RUNW	RUNW	F55	80		NS
180	343	Cope Hewitt	57.27	Wadhurst Runners	WAD	WAD	SM	94	SM4	294
124	344	Sarah Ballinger	57.34	Uckfield Runners	UCK	HTH/UCK	F45	79		NS
133	345	Stephen Green	57.53	Uckfield Runners	UCK	HTH/UCK	M50	93		NS
77	346	Leslie Mayer	58.02	Seaford Striders	SEAF	PSS	M70	92		NS
78	347	Gary New	58.13	Seaford Striders	SEAF	PSS	M50	91		NS
79	348	Jill New	58.17	Seaford Striders	SEAF	PSS	F55	78	NSF2	295
148	349	Caley Pearce	58.32	Uckfield Runners	UCK	HTH/UCK	F55	77		NS
116	350	Tania O'Connell	58.48	Tri Tempo	TRIT	TRIT	F50	76	F402	296
49	351	Amanda Thorpe-Beeston	58.49	Run Wednesdays	RUNW	RUNW	F50	75		NS
448	352	Sylvia Huggett	59.17	Hastings Runners	HR	HR	F70	74	SF2	297
192	353	Susannah Tapp	59.18	Wadhurst Runners	WAD	WAD	F55	73	SF2	298
154	354	Debra Richmond	59.51	Uckfield Runners	UCK	HTH/UCK	F50	72		NS
134	355	Laura Grove	59.52	Uckfield Runners	UCK	HTH/UCK	F40	71		NS
314	356	Ann Komzolik	60.05	Central Park Athletics	CPA	CPA	F60	70	F601	299
1	357	Brian Winn	60.06	Polegate Plodders	POLE	PSS	M70	90		NS
350	358	Sarah Hilliard	60.32	Crowborough Runners	CROW	CROW	F60	69	F602	300
328	359	Peter Thomas	60.50	Central Park Athletics	CPA	CPA	M60	89	M602	301
675	360	Val Brockwell	61.10	Portslade Hedge Hoppers	NS	NS	F70	NS	NS	NS
48	361	Stephanie Smith	61.40	Run Wednesdays	RUNW	RUNW	SF	68		NS
324	362	Brent Parker	61.41	Central Park Athletics	CPA	CPA	M60	88	M402	302
653	363	Robert Tearle	61.58	Seaford Striders	SEAF	PSS	M55	87		NS
259	364	Cathy Bate	62.03	Bexhill Run Tri	BEX	BEX	F65	67	F602	303
67	365	Sue Curtis	62.09	Seaford Striders	SEAF	PSS	F45	66	NSF3	304

Race no	POS	NAME	TIME	CLUB	CLUB CODE	TEAM	CAT.	PTS	T CAT	T PTS
94	366	Hazel Tarrant	62.10	Seaford Striders	SEAF	PSS	F45	65		NS
130	367	Emily Gibson	62.28	Uckfield Runners	UCK	HTH/UCK	F45	64		NS
535	368	Jane Holford	62.38	Lewes AC	LEW	LEW	F55	63	F502	305
679	369	Will Pierce	63.51	Tunbridge Wells Harriers	NS	NS	SM	NS	NS	NS
311	370	Richard Greenwood	63.53	Central Park Athletics	CPA	CPA	M50	86	M403	306
274	371	John Gately	65.29	Bexhill Run Tri	BEX	BEX	M70	85	M602	307
461	372	Christine Sanderson	65.31	Hastings Runners	HR	HR	F70	62	NSF1	308
142	373	James Kilvington	65.38	Uckfield Runners	UCK	HTH/UCK	M50	84		NS
84	374	Lorraine Quigley	65.38	Seaford Striders	SEAF	PSS	F50	61		NS
667	375	Debbie Plant	68.38	Seaford Striders	SEAF	PSS	F50	60		NS
668	376	Lauren Margan	66.31	Seaford Striders	SEAF	PSS	SF	59		NS
52	377	Cheryl Tidbury	66.50	Run Wednesdays	RUNW	RUNW	F45	58		NS
505	378	Julia Black	66.53	Lewes AC	LEW	LEW	F55	57	NSF1	309
195	379	Antony Wilson	66.50	Wadhurst Runners	WAD	WAD	M70	83	NSM1	310
640	380	Tracey Robinson	67.39	Heathfield Road Runners	HEAT	HTH/UCK	F55	56		NS
641	381	Mark Robinson	67.39	Heathfield Road Runners	HEAT	HTH/UCK	M60	82		NS
657	382	David Yuckenheim	67.45	No Club	NS	NS	M65	NS	NS	NS
29	383	Anne Lozac'H	67.49	Run Wednesdays	RUNW	RUNW	F45	55		NS
318	384	Julian Miles	68.26	Central Park Athletics	CPA	CPA	M55	81	NSM1	311
616	385	Angela Geoghergan	69.27	Seafront Shufflers	SHUF	PSS	F60	54	F601	312
317	386	Michaela Mcmillan	69.30	Central Park Athletics	CPA	CPA	F50	53	F502	313
310	387	Victoria Gibbs	69.30	Central Park Athletics	CPA	CPA	F45	52	NSF2	314
160	388	Sue Tagliavini	69.57	Uckfield Runners	UCK	HTH/UCK	F65	51		NS
34	389	Tracey Marsden	72.21	Run Wednesdays	RUNW	RUNW	F55	50		NS
167	390	Bonita Backhouse	72.40	Wadhurst Runners	WAD	WAD	F50	49	NSF1	315
15	391	Ruth Day	73.51	Run Wednesdays	RUNW	RUNW	F55	48		NS
20	392	Janice Gillam	73.51	Run Wednesdays	RUNW	RUNW	F40	47		NS
454	393	Terry Kitson	74.30	Hastings Runners	HR	HR	M70	80	SM2	316
157	394	Beryl Stewart	75.03	Uckfield Runners	UCK	HTH/UCK	F65	46		NS
127	395	Sarah Cooper	75.03	Uckfield Runners	UCK	HTH/UCK	F65	45		NS
446	396	Jo Edwards	76.31	Hastings Runners	HR	HR	F55	44	NSF2	317
453	397	Irene Kitson	76.31	Hastings Runners	HR	HR	F65	43	NSF3	318
91	398	Sandra Standen	78.04	Seaford Striders	SEAF	PSS	F70	42	F602	319
82	399	Sharon Plank	78.26	Seaford Striders	SEAF	PSS	F60	41		NS