

ESSLXC 2019/20 MEN

No of scoring races

4

POS	Excl	NAME	CLUB	R1	R2	R3	R4	R5	TOT
		CPA SENIOR MEN							
1		1 MATT EDMONDS	HR	300	300	297	300	300	1200
2		2 PETER WOODWARD	CROW	294	295	292	296	298	1183
3		3 JAMES BRYANT	CROW		289	284	291	296	1160
4		4 WILL MONNINGTON	LEW	291	275	279	282		1127
5		5 RICHARD DAVIS	EAST/BDY		271	275	281	294	1121
6		6 OLLIE WELCH	CROW	281	267	274	270		1092
7		7 EWAN ROSS	WAD	273		253	284	279	1089
8		8 JOSH NISBITT	PRS	237	255	270	274	286	1085
9		9 KEITH AXELL	EAST/BDY	254	263		266	280	1063
10		10 DANNY TURNOCK	CROW	274	248	222		257	1001
11		11 PETER NOON	CROW	216	217	231	234		898
12		12 CHRIS HAWKES	BRF	213	223	246	212		894
13	Excl	SAM DOWLER	CPA	297			295	297	889
14		13 BEN PEPLER	LEW	296	292		298		886
15		14 COLIN BROWNE	PRS		190	207	220	256	873
16		15 MARTIN EDNEY	HTH/UCK	211	207	197		248	863
17		16 MATT SOUTHAM	HAIL	295	276		289		860
18		17 PHILIP BARKER	BTRI	279	284	291			854
19	Excl	JAMIE BUSHNELL	CPA	207	191	212	221		831
20		18 ASH GOSLING	MEAD	171	173	186	216	240	815
21		19 TOM BAILEY	HAIL	198	181		187	238	804
22		20 ADAM MANSBRIDGE	PRS	252			252	270	774
23		21 MICHAEL GILLINGHAM	HTH/UCK	139	152	163	206	246	767
24		22 JAMIE YATES	PRS	178	172	190	184	214	766
25	Excl	CHRIS REID	CPA	245	196	248			689
26		23 STEPHEN WEBB	PRS	150	140	168	171	197	686
27		24 JAMIE WOOLGAR	CROW	215		209	226		650
28		25 PETER DRAKE	HAIL	164	148	165	158		635
29		26 LIAM BROOKS	PRS		203		200	229	632
30		27 ROB JESSOP	BTRI	169			195	234	598
31	Excl	MOUCTAR BARRY	CPA	299	297				596
32		28 MATT BRITTON	WAD	290	287				577
33		29 LEE HEWSON	EAST/BDY	177	178	216			571
34		30 ROCKY CLITHEROE	MEAD	284	282				566
35		31 LEIGH BAKER	PRS	199	170			195	564
36		32 PAUL HENDERSON	HAIL	277			286		563
37		33 STUART PELLING	EAST/BDY		279	277			556
38		34 DALE SAXBY	HR	266	262				528
39		35 BRADLEY GALLOWAY	BRF	148	164	194			506
40		36 HUW OLIPHANT	EAST/BDY	264	240				504
41		37 ETHAN HUNTER	TRIT	243	254				497
42		38 JACOB WILKINSON	HR	247	249				496
43		39 COPE HEWITT	WAD	108	102	136	139		485
44		40 MATTHEW LINAKER	A80	248	235				483

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POS	Excl	NAME	CLUB	R1	R2	R3	R4	R5	TOT
CPA SENIOR MEN									
45		STEPHEN HUDSON	WAD	238		239			477
46		ROBERT LIPSCOMBE	HTH/UCK		234		241		475
47		JACK ARSCOTT	LEW	221		244			465
48		SAM BROWN	BEX	232	228				460
49		MARK POPE	HAIL	208			218		426
50		MATTHEW TERRY	PRS			217	205		422
51		MATT FLANAGAN	CROW	210			197		407
52		JAMIE KENNEDY	HAC	182			201		383
53		THOMAS BANNER	PRS				130	250	380
54		IAIN WATSON	CROW		176	184			360
55		ADAM MARLOW	WAD	163			189		352
56		CHRIS ASHBY (PRS)	PRS				141	209	350
57		MATT HARBORD	BRF	160		185			345
58		RICKY WARREN	PRS	176	159				335
59		MATT BASTIN	MEAD		156	174			330
60		IAN PAINE	BRF	165	151				316
61		ANDREW RENDALL	BTRI			299			299
62	Excl	JOSH TEECE	CPA		298				298
63		JASON LEE	LEW			298			298
64		RICHARD JONES	EAST/BDY			296			296
65		DAVID BRADFORD	LEW		294				294
66		JAMES CROMBIE	HAC			294			294
67		TOM FLOWERS	LEW				293		293
68		TOM CLEWLEY	HAIL		290				290
69		WILLIAM CAREY	HAC			290			290
70		SUREYYA KURTAY	PRS	134	155				289
71		ROSS BROCKLEHURST	HAIL			289			289
72		THOMAS ALLEN	BEX	286					286
73		OLIVER CAREY	BEX	285					285
74		ANDREW EDMONDS	HAC			285			285
75	Excl	ROCCO PAONE	CPA		283				283
76		GARRY WRIGHT	MEAD	280					280
77		JOSEPH CASSAR	LEW				276		276
78		THOMAS MARCHANT	LEW				273		273
79		JAMIE KINGDON	HTH/UCK					273	273
80		SHAY ROSENTHAL	CROW	267					267
81		PATRICK MARSDEN	PRS				261		261
82		SIMON LENTON	BTRI	260					260
83		IAN BALMER	CROW			249			249
84		HYWEL GYLES	BTRI		242				242
85		KEVIN CODA	BRF	114			121		235
86		KIERAN CAMBURN	BTRI	105			128		233
87		ADAM OSMAN	HAC	226					226
88		PHIL MULVEY	PRS	98			127		225

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No of scoring races

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POS	Excl	NAME	CLUB	R1	R2	R3	R4	R5	TOT
CPA SENIOR MEN									
89	83	OISIN O'BRIEN	EAST/BDY	223					223
90	84	CHRIS SHOULT	HAIL		215				215
91	85	GUY WILLIAMS	HTH/UCK			203			203
92	86	LIAM COLLINGTON	LEW		186				186
93	87	ADAM HAVERLEY	PRS		180				180
94	88	ALEX COLE	CROW				164		164
95	89	CHRIS APPEGATE	BEX	162					162
M40									
1	1	ADAM VAUGHAN	LEW		288	295	299	299	1181
2	2	JAMIE KEDDIE	HTH/UCK	293	293	293	297		1176
3	3	OLLY BLAYDON	HTH/UCK	283	274	288	294		1139
4	4	GORDON BERRY	CROW	288	291	282	275		1136
5	5	DAVID WOOLLARD	HTH/UCK	265	250	261	277		1053
6	6	GARETH TAPLIN	HAIL	249	239	254	259	271	1033
7	7	LEE ADAMS	HTH/UCK		237	236	254	267	994
8	8	CARL BARTON	HAIL	236	230	247	245		958
9	9	OLIVER FROOM	PRS	240		227	224	253	944
10	10	TOBY MEANWELL	LEW	298	299	300			897
11	11	MARK GOODMAN	HR		286	280	267		833
12	12	DAVID HUCKELL	BTRI	218		287		295	800
13	13	NEIL SMITH	BRF	181	182	196	222		781
14	Excl	MARK SMITH	CPA	233	259			287	779
15	Excl	DAVID BELL	CPA		251	260		265	776
16	14	BEN MORRIS	CROW	256	246			274	776
17	15	BADRINATH MOHANDAS	HTH/UCK			245	253	269	767
18	16	PHIL WRIGHT	PRS	179	171	177	188	221	765
19	17	PAUL BURCHETT	HR	257	238		256		751
20	18	DAVE STEWART	CROW	255	243		248		746
21	19	LEE DUNSTALL	TRIT		216	223	231		670
22	20	DAVID TURNER (UR)	HTH/UCK	145	139	155	179		618
23	21	RICHARD GARDINER	PRS		194	188		231	613
24	22	GARETH JONES	HTH/UCK	117	118	140		198	573
25	23	JAMES ROBERTS	MEAD	268	268				536
26	24	ROBERT COOPER	LEW		256	278			534
27	25	NICK FARLEY (PRS)	PRS	270		257			527
28	26	STEVE OFFORD	PRS		202	183	132		517
29	Excl	JOHN SANDERS	CPA	166		175	169		510
30	Excl	ANTONY HYLTON	CPA		247		242		489
31	27	ED BARNES	LEW	242	233				475
32	Excl	JON MUNT	CPA	228		234			462
33	28	CHRISTOPHER TURP	MEAD	219	219				438
34	29	WAYNE LANGLEY	PRS	118	113		137		368
35	30	STEVE SMITH	EAST/BDY	172			190		362

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No of scoring races

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POS	Excl	NAME	CLUB	R1	R2	R3	R4	R5	TOT
CPA SENIOR MEN									
36	31	MATTHEW WINN	HAIL	170	163				333
37	32	MATT BRADFORD	LEW		296				296
38	33	DAVID HOCKEY	BTRI		281				281
39	34	STEPHEN MANKLOW	EAST/BDY	124			138		262
40	35	CHRISTOPHER LUGG	HTH/UCK	119		139			258
41	36	GUY PENFOLD	HAC					219	219
42	37	MATT COX	MEAD				215		215
43	38	SIMON FRY	HR					213	213
44	39	SCOTT PARSONS	HAC				194		194
45	40	ANDREW SEIVEWRIGHT	BTRI				166		166
46	41	SIMON BOURNE	WAD		160				160
47	42	PAUL STANDEN-PAYNE	EAST/BDY			156			156
48	43	GREG DUKE	BEX	143					143
49	44	MATTHEW GILLARD	HTH/UCK				135		135
50	45	JOHN WILKINSON	BEX	112					112
51	46	RICHARD PAINE	BEX		103				103
M45									
1	1	BEN HODGSON	LEW	278	273	276	288	292	1134
2	2	IAN MCLAREN	BTRI	275	266	281	285		1107
3	3	JEFF YOUNG	PRS		253	267	269	284	1073
4	4	LEIGH HARRIS	WAD	262	258	264	257	281	1065
5	5	NIGEL JEWELL	BEX	251		250	262	285	1048
6	6	DAVID TURNER (HAC)	HAC	241	241	263	250	282	1036
7	7	DARREN HALE	BTRI		198	213	225	261	897
8	8	DEAN TAYLOR	CROW	272			283	293	848
9	9	JASON REMINGTON	HTH/UCK	193	205		192	252	842
10	10	RAYMOND SMITH	PRS	190	206	226	217		839
11	11	MIKE GREEN	LEW	271	269	286			826
12	12	ADRIAN PERKINS	WAD		278	269	271		818
13	13	DAN MARSHMAN	BEX		261	272	272		805
14	14	ASHLEY BOX	CROW	187	185	199		233	804
15	15	PHIL WOOD	PRS	185	179	195	181	235	796
16	16	JAMES MARRON	PRS			251	268	276	795
17	17	ANDY RUFFELL	HAIL		174	192	196	232	794
18	18	RUSSELL BECKETT	CROW	244		237	265		746
19	19	SCOTT O'ROURKE	TRIT	155	166	173		230	724
20	Excl	ROB O'HALLORAN	CPA	161	161	159		228	709
21	Excl	STEPHEN BURGESS	CPA			215	229	249	693
22	20	GARY MARSHALL	PRS	203	200			239	642
23	21	TONY LAVENDER	CROW	206		204	223		633
24	22	DAN LAURENT	TRIT		189	200		242	631
25	Excl	MARK MCMILLAN	CPA	128	133	160	167		588
26	23	DAVID GREENAWAY	PRS	116	99	131	143	190	580

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No of scoring races

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POS	Excl	NAME	CLUB	R1	R2	R3	R4	R5	TOT
CPA SENIOR MEN									
27		24 ANDREW MCLENNAN	LEW			277	266		543
28		25 NEIL DAVIDSON	EAST/BDY	202	144	193			539
29		26 ROGER WATTS	CROW		244		239		483
30		27 NICK CAMPBELL	MEAD			243	240		483
31		28 ANDREW MASTERS	LEW	230	226				456
32		29 ALISTAIR MARSHMAN	BEX			219	233		452
33		30 NATHAN HUNTER	TRIT	231	210				441
34		31 ANDREW CLARK	A80	220		218			438
35		32 CARL DOWLING	LEW	200	192				392
36		33 EDWARD DIPLOCK	HTH/UCK	158				212	370
37		34 GARY SKINNER	PRS	174			177		351
38	Excl	RICHARD GREENWOOD	CPA		94	122	125		341
39		35 MARK CAGE	LEW	263					263
40		36 ROLANDO HUTCHINSON	PRS			255			255
41		37 PAUL BAILEY	CROW		236				236
42		38 PHILIP HANDRIHAN	HAC	234					234
43		39 EMLYN JONES	TRIT			232			232
44		40 MAL BURDEN	BTRI		229				229
45	Excl	MARTIN HARMAN	CPA		98	127			225
46		41 LEELAND PAVEY	HAIL				193		193
47	Excl	TERRY MERRY	CPA			171			171
48		42 IAN FOXALL	TRIT		168				168
49		43 KEVIN MCULDING	PRS				162		162
50		44 ANDY DIPLOCK	HTH/UCK	153					153
51		45 SAM SHARPLES	HTH/UCK				147		147
52	Excl	MARTIN MARUAN	CPA				133		133
53		46 TIM CLEMENTS	WAD	125					125
54		47 GRAHAM PENNY	EAST/BDY		116				116
M50									
1		1 DARREN BARZEE	HR	287	280	283	290	290	1150
2		2 MARTIN BELL	HAIL	289	270		287	291	1137
3		3 GUY BLACKDEN	HTH/UCK	261	257	262	264		1044
4		4 ED MCKINNEY	WAD	229	222	238	246	268	981
5		5 SCOTT MUIR	BTRI	212	213	230	237		892
6		6 ROB STANWAY	LEW	175	183	221	213	262	879
7		7 GRANT DOCKSEY	BEX	189		214	230	236	869
8		8 SIMON CAREY	BEX	201	197	205	211		814
9		9 JOHN DRYDEN	LEW		265	256	243		764
10		10 BOB COOK	CROW	246	232		255		733
11		11 PHILIP LONG	TRIT			228	208	259	695
12		12 GEOFFREY TONDEUR	BEX	159	122	145	165	199	668
13		13 SEAN TESTER	EAST/BDY		147	158	152	204	661
14		14 EDDIE WINTER	A80	135		153	168	192	648

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POS	Excl	NAME	CLUB	R1	R2	R3	R4	R5	TOT
CPA SENIOR MEN									
15		15 GRAEME GRASS	HR	214		220	204		638
16		16 RUSSELL AITKENHEAD	EAST/BDY	138	129		160	208	635
17		17 DAVID MERCER	HAIL	194	208		198		600
18		18 DAVID BAILEY	BTRI	147	132	162	150		591
19		19 SHANE SNOW	BTRI	292			292		584
20		20 ANDREW SAUNDERS	HTH/UCK		141	178		225	544
21		21 ROBERT YOUNG	EAST/BDY		167	189	183		539
22		22 PAUL STEVENS	PRS	131		148		206	485
23	Excl	DAMIAN GIBBS	CPA	123		144		191	458
24		23 GREG ANDERSON	PRS	204				254	458
25		24 ALEX TANG	WAD	137	134			185	456
26		25 JAMES GRAHAM	BEX		105	150		184	439
27		26 DAVID PALMER	BEX	209			227		436
28		27 IAN SHAPTON	BTRI	196	211				407
29		28 COLIN HANKS	EAST/BDY	120	121	142			383
30		29 DARREN BRODERICK	TRIT		165		199		364
31		30 TERRY HARVEY	CROW	142	162				304
32		31 JAMES CLARKE	WAD		285				285
33		32 ALAN BROWNE	PRS					277	277
34		33 RICK CURTIS	LEW		272				272
35		34 KEVIN DRAPER	WAD				258		258
36		35 JASON HOPKINSON	PRS	101			136		237
37		36 GUY WILLIAMS	HTH/UCK				235		235
38		37 PETER NOAKES	HR					207	207
39		38 NIGEL DUCKWORTH	HAIL	188					188
40		39 GARY SMITH	HAIL	151					151
41		40 SIMON LEONARD	BEX	132					132
42		41 TREVOR SAUNDERS	BRF		93				93
M55									
1		1 MARTIN NOAKES	HR	276		271	279	288	1114
2	Excl	TONY DUREY	CPA	235	220	265	280	289	1069
3		2 IAN FINES	LEW	269	260	258		272	1059
4		3 CHRIS BRANT	HAC	258	252	259	260	278	1055
5		4 IAN WESTON	PRS	239	231	252	247	275	1013
6		5 STEVE BOLTON	CROW	225		235	249	260	969
7		6 DOMINIC OSMAN-ALLU	LEW		225	240	236	263	964
8		7 JEREMY SANKEY	BEX	222	218	241	238	258	959
9		8 DAVID FOSTER	LEW	197	184	211	232	255	895
10		9 GRAHAM WEST	HTH/UCK	217	214		180	226	837
11		10 JONATHAN BURRELL	LEW	282		273	278		833
12		11 JONNIE ANDREWS	PRS	227	193	201	209		830
13		12 PAUL HOWELL	HAIL	195	201	208	210		814
14		13 PIERS BRUNNING	HR		153	181	185	237	756

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No of scoring races

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POS	Excl	NAME	CLUB	R1	R2	R3	R4	R5	TOT	
CPA SENIOR MEN										
15		14 RICHARD MARRIOTT	HTH/UCK			245	242		266	753
16		15 JONATHAN MORRIS	HTH/UCK	152	142			174	215	683
17		16 CHRIS ASHBY	CROW			209		207	245	661
18		17 NEIL JEFFRIES	HR			187		228	244	659
19		18 PETER COOK	PRS	136	128			159	211	634
20		19 KEVIN BLOWERS	HR	192			206	202		600
21		20 MANFRED ENGLER	CROW	140	135	143	172			590
22		21 ALAN ROBERTS	EAST/BDY	103	107	130	129	182		548
23		22 MARK ROYDEN	BTRI	224						449
24		23 ANDREW PAYNE	EAST/BDY				229	219		448
25	Excl	JULIAN MILLS	CPA			117		142	189	448
26	Excl	FRED GRAHAM	CPA	186					243	429
27		24 JOHN BROOKER	BEX				182		227	409
28		25 PAUL BAXTER	HAC		195		202			397
29		26 KEV HANCOCK	BTRI	253						253
30		27 SANTI BRAGE	BTRI			224				224
31		28 KARL WHEELER	BRF	106	111					217
32		29 NEIL MASKELL	EAST/BDY			212				212
33		30 IAN HILLIARD	PRS						200	200
34		31 MICHAEL TWINE	BTRI		199					199
35		32 ANDREW STOLTON	HTH/UCK					186		186
36		33 ANDY THEODOULIDES	TRIT	180						180
37		34 TIM MONSON	LEW				176			176
38		35 SIMON ROBERTS	LEW				170			170
39		36 KEVIN BATTCELL	CROW				169			169
40	Excl	DAVE MORRIS	CPA		146					146
41		37 WILL DANDO	PRS					126		126
42		38 ROBERT KELLEHER	PRS		119					119
43	Excl	ALEX VALENTINO	CPA		110					110
44		39 IAN LEE	HR		104					104
M60										
1		1 ALAN BUCKLE	WAD	259	264	268	263	283		1078
2		2 GRAHAM PURDYE	HAIL	183	227	233	251	264		975
3		3 MIKE THOMPSON	EAST/BDY	205	188	224	214	251		894
4		4 BRYAN TAPSELL	CROW	167	175	210	203	241		829
5		5 IAN HILDER	LEW	184		198	191	247		820
6		6 KEVIN BURTON	PRS	156	157	179	173	216		725
7		7 PAUL RACKSHAW	HAC	173		161	163	217		714
8		8 DAVID BRATBY	HR	146	131	146	155	210		657
9		9 ROGER STONE	CROW		145	157	161	186		649
10		10 GRAHAM CLARK	EAST/BDY	130	137	154	148	201		640
11		11 CHRISTOPHER GOLDING	HTH/UCK	121	136	149		203		609
12		12 PAUL HOPE	HR	129	126	164	153			572

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POS	Excl	NAME	CLUB	R1	R2	R3	R4	R5	TOT
CPA SENIOR MEN									
13		13 BOB PAGE	A80	168	169	191			528
14		14 IAIN WILLATT	WAD	113	112	147	151		523
15		15 GRAEME HEATON	HTH/UCK	141	149			202	492
16	Excl	PETE THOMAS	CPA			121	124	179	424
17		16 COLIN BURBAGE	PRS		114	138	157		409
18		17 DAVID ROGERS	BEX	133	123	151			407
19		18 STEVE DAVEY	TRIT			180		218	398
20		19 MALCOLM JONES	BEX	109	97			187	393
21		20 STUART ROBINSON	BEX				146	194	340
22		21 GEOFF WATSON	LEW		158	172			330
23		22 ROBERT WEIGHELL	WAD		138		175		313
24		23 RICK BURNE	HR	126			170		296
25	Excl	MARTIN CROW	CPA		127		145		272
26		24 RON CUTBILL	CROW		120	137			257
27	Excl	BRENT PARKER	CPA	102			123		225
28		25 ANDY LEE	HR		221				221
29		26 ROGER HUMPHRIES	PRS					205	205
30		27 MICHAEL MILLER	A80		204				204
31		28 ANDREW CHITTY	LEW		177				177
32		29 JOHN SANDERSON	EAST/BDY	157					157
33		30 ALISTAIRE HOWITT	WAD				144		144
34		31 JAMES WELBURY	CROW		115				115
M65									
1		1 NICK FARLEY (TRIT)	TRIT		130	187	182	223	722
2		2 PETER BURFOOT	WAD	149	150	167	176	224	717
3		3 PETER WEEKS	PRS	144	143	166		222	675
4		4 TERRY AVEY	A80	127	125	141	156	196	620
5		5 TERRY KITSON	HR	111	106	123		188	528
6		6 DAVID PRINCE-ILES	LEW	250			244		494
7		7 RICHARD KING	WAD		101	135	140		376
8		8 JOHN GATELY	BEX	122				181	303
9		9 MIKE STOKES	BEX	191					191
10		10 DAVID GUCKENHEIM	HTH/UCK	99					99
M70									
1		1 BOB HUGHES	LEW	154	154		178	220	706
2		2 TERRY WARD	PRS	115	108	152	149	193	609
3		3 TONY WILSON	WAD	110		134	131	180	555
4		4 BOB ARCHER	CROW	96	109	133		183	521
5		5 BRIAN WINN	PRS		100	129	134		363
6		6 NORMAN HARRIS	HAIL	107		132	122		361
7		7 DAVID OXBROW	BEX	100	95	124			319
8		8 MICHAEL KIRBY	BEX	97	92	125			314

ESSLXC 2019/20 MEN

No of scoring races

4

POS	Excl	NAME	CLUB	R1	R2	R3	R4	R5	TOT
		CPA SENIOR MEN							
9	Excl	MICK COX	CPA	95	91		120		306
10	9	ALBERT KEMP	WAD		124		154		278
11	10	JOHN NASH	HR	104	96				200
12	11	RICHARD BATES	A80			128			128
13	12	IAN KNIGHT	WAD			126			126

Key**Clubs in the League**

A80	Arena 80
BEX	Bexhill Runners and Triathletes
BRTRI	Brighton Tri Club
CPA *	Central Park Athletics
CROW	Crowborough Runners
EAST/BDY	Eastbourne Rovers and Bodyworks
HAIL	Hailsham Harriers
HAC	Hastings AC
HR	Hastings Runners
HTH/UCK	HTH/UCK Heathfield Runners and Uckfield Runners
LEW	Lewes AC
MEAD	Meads Runners
PRS	Polegate Plodders, Run Wednesdays and Seaford Stridders
TRIT	Tri Tempo
WAD	Wadhurst Runners

